



# 石籬聖若望天主教小學

Shek Lei St. John's Catholic Primary School

## 2024-2025 年度



### 聖若望薈萃

Essence

# 序言



在面對瞬息萬變的時代，「閱讀」與「寫作」如同雙翼，有助我們翱翔於知識的天空。閱讀的力量無法估量，它不僅能改變一個人的價值觀，更能有效提升學習能力和學習動機。當我們在探索新知識時，廣泛閱讀相關資訊，能幫助我們深入理解所學的事物。

「閱讀」與「寫作」相輔相成，彼此交織。當我們大量吸取知識後，寫作成為了整理和記錄的最佳方式。不論是閱讀記錄、課堂筆記，還是日記、實文、描寫文、議論文、抒情文，這些多樣的寫作形式使我們得以梳理對事物的認知、理解、看法與感受，也促使我們進行自我反思。因此，「寫」不僅是技巧的運用，更是思維邏輯的展現，是我們對世界理解後的一種表達方式。透過不同類型的寫作，我們能更清晰地掌握知識的程度，對不明白的部分進行深入探索，對已掌握的知識進行連結，從而形成一套屬於自己的思考系統。寫作讓我們更深入地認識自我，了解真實的情感與想法。

隨著人工智能的迅速普及，學生的學習方式也發生了翻天覆地的變化。人工智能不僅為我們提供了無限的資源，更讓學習變得生動有趣。透過智能學習平台，同學能靈活運用各種自學策略，從而提升探究能力，發揮創意與想像力，為未來的社會建設貢獻一己之力。這種不斷尋求進步的精神，正正在《聖若望薈萃》的學生作品中得以真實展現。

我們的學校在2024-2027的發展計劃中，將重點放在「深化自主學習策略及探究能力，並在天主教教育的五大核心價值的基礎上，培養正確的價值觀及做人處世的態度」，每位學生都能善用各種自學策略，提升自己的學習自主性，並在學習和生活中為自己創造更多的機會，使生活變得更充實，更富正能量！我希望我們的小作家能在「閱讀」與「寫作」的道路上，持續努力，享受學習的每一刻，並在這條旅程中收穫無窮的快樂與成就！

在此，我要感謝所有支持和鼓勵學生的家長和老師，感謝教職員的辛勤付出，正是你們的努力，讓《聖若望薈萃》的出版成為可能，讓同學成為小作家，踏上追逐夢想的旅途。讓我們一起迎接這個充滿挑戰與機遇的未來，攜手共創更美好的明天。

陳寶怡校長

二零二五年六月



# Preface



In our fast-changing world, ‘reading’ and ‘writing’ are like wings that enable us to soar through the realm of knowledge. Reading holds immense power - it can transform a person’s values, significantly enhance learning abilities, and boost motivation. When exploring new ideas, delving into a wealth of related information deepens our understanding of what we learn.

Reading and writing are intertwined and complementary. Writing allows us to organise and document the knowledge we acquire. Whether it’s reading logs, class notes, diaries, practical writing, descriptive essays, argumentative essays, or lyrical pieces, these diverse forms of writing help us clarify our understanding, thoughts, and emotions on various topics while encouraging self-reflection. Thus, writing is more than a technical skill; it is a means to express our reasoning and share our perspectives on the world. Through varied writing styles, we can gauge our mastery of a subject, explore what remains unclear, and connect our learning, forging a unique system of thought. Writing deepens self-awareness, helping us recognize our true feelings and ideas.

With the rapid rise of artificial intelligence, students’ learning approaches have undergone profound changes. AI offers boundless resources and makes learning more engaging. Through intelligent platforms, students can employ diverse self-learning strategies to sharpen their inquiry skills, unleash their creativity, and contribute to society’s future. This drive for progress shines through in the student works featured in *Essence*.

Our school’s 2024–2027 development plan emphasizes ‘deepening self-learning strategies and inquiry skills while fostering sound values and attitudes rooted in the five core values of Catholic education’. We aim for every student to adeptly use self-learning techniques, enhance their independence in learning, and create more opportunities in their academic and personal lives, leading to a richer, more positive existence. I hope our young writers continue to excel in reading and writing, savour every moment of learning, and find endless joy and fulfillment on this journey!

My heartfelt thanks go to the parents and teachers who support and inspire our students, as well as to our dedicated staff. Your efforts have made the publication of *Essence* possible, enabling students to become young writers and embark on their dream-chasing journeys. Let us embrace this future of challenges and opportunities together, working hand in hand for a brighter tomorrow.

Principal Chan

June 2025

# 序言



在筆者的教學生涯中，最為印象深刻的課堂活動便是在電腦課上引導學生使用Scratch設計迷宮遊戲。在這個過程中，學生們主動嘗試、勇於面對挫折，透過網上的教程獲取靈感，努力實踐，最終成功創作出完成品，這份成就感無疑讓他們倍感振奮。

筆者深信，當前的學生身處資源豐富、環境幸福的時代，應珍惜眼前的一切，把握學習的良機，以更加積極的態度去迎接挑戰，無懼失敗，勇於運用自己的創意來進行創作。

聖若望匯聚了不同才能的學生，筆者感謝學校提供這樣的平台，讓每位學生都有機會展示自己的學習成果。期待未來各位同學的作品能在《聖若望薈萃》中閃耀光芒，百花齊放。

黃偉倫老師

二零二五年三月十一日

# Preface



Throughout my teaching career, one of the most memorable classroom activities has been guiding students to design maze games using Scratch in computer classes. During this process, students took the lead in experimenting, bravely tackled setbacks, drew inspiration from online tutorials, and worked tirelessly to bring their ideas to life. Their eventual success in creating finished products filled them with undeniable excitement and pride.

I firmly believe that today's students live in an era of abundant resources and a privileged environment. They should treasure these advantages, seize every learning opportunity, and face challenges with optimism. Rather than fearing failure, they should boldly unleash their creativity and take initiative in their learning. By proactively engaging with challenges and setbacks, they can fearlessly apply their imagination to their creations.

St. John's School unites students of diverse talents. I am grateful to the school for providing a platform where every student can showcase their learning achievements. I eagerly anticipate seeing our students' works shine in future editions of *Essence*, blooming like a vibrant array of flowers.

Mr. Wong Wai Lun

11<sup>th</sup> March, 2025

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## 《我的小檔案》

我的姓名是譚沛芸。我的生日在七月十八日，今年六歲。我在石籬聖若望天主教小學讀一年級。我喜歡吃草莓和巧克力，因為它們很美味。我喜歡跳舞和畫畫。

1A 譚沛芸



## 《我的小檔案》

我的姓名是林然澤。我的生日在十月三十日，今年六歲。我在石籬聖若望天主教小學讀一年級。我喜歡吃雪糕、薯條、糖果和壽司。我喜歡游泳、打籃球和踩單車。

1B 林然澤



## 《我的小檔案》

我的姓名是李俊霆。我的生日在三月十二日，今年六歲。我在石籬聖若望天主教小學讀一年級。我喜歡吃草莓、香蕉和西瓜，因為它們很健康。我喜歡砌「樂高」。

1C 李俊霆



## 《我的小檔案》

我的姓名是方浩天。我的生日在四月二十三日，今年六歲。我在石籬聖若望天主教小學讀一年級。我喜歡吃西蘭花、魚和蘋果，因為它們很美味。我喜歡上學和畫畫。

1D 方浩天



## 《守株待兔》故事結局改寫

2A 林潤朗

一天，一個農夫正在田裏工作。突然一隻兔子從草叢中跑出來，一不小心撞到田邊的樹幹上，死了。農夫撿起兔子，高興地想：「我的運氣真好，一點也不費勁就可以得到一隻肥兔子。」

第二天，他到田裏澆水時，已經不像以前那麼專心了。他幹一會兒就到樹下看看，幹一會兒又到樹下看看，很希望再有一隻兔子撞死，讓他可以再得到一隻肥兔子。

第三天，農夫已經完全沒有心思幹活了，便乾脆坐在樹下等兔子。就這樣，農夫一連等了好幾天，仍沒看見兔子跑來。

等不到兔子出現，農夫心想：既然等不到兔子，就回到田裏耕種，但耕種太辛苦了，不如我製作一個兔子機器人來幫我在田地裏工作。

農夫設計了一款能播種及施肥的兔子機器人，然後每天與兔子機器人一起齊心協力地耕種。第二年秋天，農夫迎來了大豐收，他高興極了！

農夫明白了機會不是從天而降的，而是由我們自己創造出來的。農夫決定以後要認真學習科學知識，設計更多的兔子機器人去幫助更多的農夫。



## 《守株待兔》故事結局改寫

2B 張俊廷

一天，一個農夫正在田裏工作。突然一隻兔子從草叢中跑出來，一不小心撞到田邊的樹幹上，死了。農夫撿起兔子，高興地想：「我的運氣真好，一點也不費勁就可以得到一隻肥兔子。」



第二天，他到田裏澆水時，已經不像以前那麼專心了。他幹一會兒就到樹下看看，幹一會兒又到樹下看看，很希望再有一隻兔子撞死，讓他可以再得到一隻肥兔子。

第三天，農夫已經完全沒有心思幹活了，便乾脆坐在樹下等兔子。就這樣，農夫一連等了好幾天，仍沒看見兔子跑來。

又過了一天，他還是等不到兔子。農夫只好繼續天天照料田地，最終他的田地都收穫豐富。農夫覺得自己努力工作所帶來的食物，讓他感到很滿足和開心。他知道世界上沒有不勞而獲的事情。農夫決定每天好好工作，不再天天等兔子。





## 《記一次到便利店買東西的經歷》

2C 朱金怡

星期天，我和家人去便利店買東西，我感到興高采烈。

走進便利店後，我看見那裏有一包包香辣的薯片和一盒盒美味的巧克力奶，我感到十分興奮。我先到飲品架挑選酸酸甜甜的檸檬茶，然後到零食架選購香脆的薯片，滿足極了！

半小時後，我成功買到想買的東西，便付款離開。今天真是美妙的一天，我希望下次也可以跟家人一起購物。



## 《難忘的聖誕聯歡會》

3A 葉沁淇

十二月二十日，老師和我們在學校參加聖誕聯歡會，我感到十分開心。

回到學校後，我們便到禮堂參加抽獎活動。我看見那裏有很多人，十分熱鬧，我十分開心。司儀利用電腦進行抽獎。當螢幕上的數字轉動時，我十分緊張，默默地祈禱希望是自己中獎。當司儀宣佈中獎的學號是二十四號時，我聽到是自己的學號，我開心得跳起來，立刻跑上台領獎，我選擇了「怕怕狗」的抱枕，我十分開心。



回到課室後，我們進行大食會。我看見桌子上放滿魚肉丸子、薯片和水蜜桃茶等美食，令我垂涎三尺。當陳老師宣佈大食會開始，我們便爭先恐後地拿美食。我首先拿了魚肉丸子和雞翅膀，然後找了座位坐下，接着便狼吞虎嚥地吃了起來。我的嘴巴上沾滿了咖喱汁，同學看見了就哈哈大笑起來，我也一起哈哈大笑起來。

在我們開心的笑聲中，聖誕聯歡會完結了。今年的聖誕聯歡會我過得既滿足又難忘，希望下一年我可以再參加聖誕聯歡會。

## 《難忘的聖誕聯歡會》

### 3B 陳予婧

十二月十九日，學校舉行聖誕聯歡會。校長、老師和同學都懷着歡欣的心情回到學校，大家都精神奕奕，心情十分輕鬆。



首先，全校同學都集合在禮堂，大抽獎由校長、董老師及聖誕老人帶領，現場氣氛熱烈。接着，聖誕老人抽出同學的學號，禮堂上充滿歡呼聲。最後，大家一起捧着禮物拍照，一起高聲唱聖誕歌，一起觀看聖誕表演，禮堂裏每一位同學都感到十分快樂。

轉眼間，胡主任宣佈同學可以上課室開派對，大家安靜地上課室。回到課室，老師安排同學將食物整齊地放在桌子上，有美味的魚蛋、色彩繽紛的蛋糕、甜甜的棉花糖等。派對完結之前，我們還玩了集體遊戲「大風吹」，同學都感到很刺激和緊張。

愉快的時間過得特別快，轉眼間，聖誕聯歡會要完結了。今天的節目豐富，我過得很滿足，希望我每一年的聖誕節都有一個難忘、愉快的回憶。

## 《難忘的聖誕聯歡會》

### 3C 林敬汝

今天是十二月二十日，我、同學和老師在學校進行聖誕聯歡會，大家都玩得十分開心。



上午九時，班主任顏老師帶我們到禮堂參與「聖誕感恩祭」。之後，學校為我們準備了很多禮物，讓同學進行大抽獎。我看到台上有玩偶、桌遊、文具等禮物，我十分期待。老師開始抽獎，大家都不停叫着自己的學號，希望可以得獎。雖然最後沒有得獎，但我仍感到十分刺激。

大抽獎完結後，顏老師帶我們回到課室舉行大食會。我看見有飲品、香腸、零食……大食會完結後，我們都依依不捨地放學回家。

最後，在各人的歡笑聲中，我們度過了一個開心的聖誕聯歡會，希望下次可以再參與聖誕聯歡會。

## 《日記一則》

4A 葉希臨

九月三十日 星期一 晴

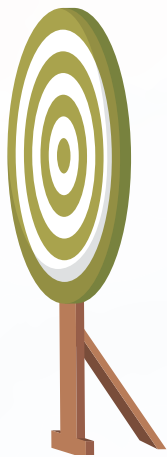
今天是學校旅行的日子，我和同學一起到西貢郊外遊玩，我感到十分高興。

到達目的地後，沿路我看到很多色彩繽紛的花朵，還有各式各樣的遊樂設施。首先，我和同學一起找有甚麼好玩的遊樂設施。不久，我們感到累了便休息。然後，我們一起到射箭場玩。

接着，我和同學一起到射箭場射箭。我在第一次發射不成功，第二次也不成功。到了最後一次機會，我也想不到我可以射中「黃心」。我開心得跳起來。它的速度像一隻飛鳥一樣快。我把這個好消息告訴同學：「我射中了『黃心』！」同學也替我感到高興。

最後，我們便到繩索區遊玩，我試了很多次也不成功。但我沒有放棄，我繼續嘗試挑戰卻也不成功。同學鼓勵我說：「不要放棄！下次一定會成功的！」我說：「我一定會做得更好！」後來，我們的家人跟我們說要吃午餐了，我們便一同到餐廳吃午餐。吃過午餐後，我們便準備回家，我們都懷着依依不捨的心情回家去。

經過這件事，我學會了射箭，我以後遇到困難，一定不會放棄，努力嘗試，一定會有成果的。我希望下次可以到郊外遊玩。





# 《一件令自己後悔的錯事》

4B 鄭宛盈

今天，天氣陰沉沉的，空中飄着細細的小雨絲，我的心好像天氣那樣流着眼淚，因為我在學校裏做了一件虧心事，令我後悔不已。



上課前，坐在我旁邊的子矜拿出一枝銀色圓珠筆。圓珠筆最上面有一個銀光閃閃的小熊裝飾，十分漂亮。子矜向我們炫耀起來：「你們看，這枝筆多漂亮，可以寫出十種顏色呢！」我心想：哼，有甚麼了不起！可是別的同学卻不停稱讚。看她那囂張的樣子，我不禁妒忌起來，於是趁着她上洗手間，我從她的抽屜裏拿出那枝筆，丟到牆角。上課時，子矜往抽屜裏拿筆，但她找來找去也找不到，整堂課都沒心思上。

小息的時候，我看見子矜十分生氣。我十分害怕和不安，我掙扎着要不要給她道歉。最後，我還是選擇了向她道歉。我戰戰兢兢地走到她面前低下頭，吞吞吐吐地說：「對不起，是我把你的筆拿走的。」隨後，我把那枝筆還給她，她拍了拍我的肩膀，溫柔地說：「沒事，知錯能改就是個好孩子，其實我有兩枝，這枝就給你吧！」雖然我很慚愧，但我又慢慢地開心了起來，因為我很喜歡她送的這枝筆，而且它有十種顏色，很好看！上課了，我帶着筆走了，我十分開心！

放學後，我慶幸自己最後選擇了向子矜道歉，得到子矜的原諒，我放下了心頭大石，十分輕鬆。

經過這件事，我明白到做錯事要勇於認錯，並要真誠地道歉及改過，我承諾以後不會再做令自己後悔的事。



## 《給慧玲的一封信》

4C 黃巧兒

親愛的慧玲：

你好嗎？很久沒見面了，我很想念你！

知道你兩星期前，不慎在小息時跌斷了手臂，當時陳老師看見你臉色慘白的樣子，立即為你檢查傷勢，並安慰你不用害怕。不久，救護車到校，送你到醫院，大家都很焦急，有同學為你祈禱，希望你的傷勢不是太嚴重。



在你留院治療期間，我們班上發生了一件趣事，我想你一定想聽。上星期五，陳小明在上體育課時，老師讓小明帶領大家做熱身運動，突然，班上有同學發現小明的褲子有一個破洞，大家指着他哈哈大笑，有些同學甚至笑得站也站不直身子。可憐的小明則表現得十分尷尬。

這時，志聰伸出援手，志聰把自己的外套綁在小明的腰間，小明連聲道謝，若無其事地繼續帶領我們做熱身運動。

班主任知道這件事後，提醒小明說回家記得跟媽媽說一聲要換一條新褲子，並且在班上稱讚小明處事冷靜，志聰見義勇為。同時，也訓斥了取笑別人的同學。

你已經兩個星期沒有回來上課，大家都十分想念你，希望知道你的近況。你的手還痛嗎？希望你早日回到校園，跟我們一起上課和玩耍。如果你需要，我會為你補課。

祝

早日康復

同學

巧兒

十一月二日



## 《感恩》

### 5A 何翰霖

今天真的很幸運，到現在我還十分感激那位向我伸出援手的人。

今天，我睡過了頭，我匆匆忙忙地洗了一把臉，抓起一片麪包就衝出了家門。到達校巴士站，發現它剛剛開走，我只好坐巴士前往學校附近，再跑回去，我感到十分無奈。



經過漫長的五分鐘，巴士終於到了，正當我興高采烈登上巴士時，我發現忘記帶錢包。這時，巴士司機催促我說：「小朋友，沒有錢就要下車，不要耽誤其他乘客。」其他乘客也開始催促我，正當我彷徨無助之際，突然，我看到一道光，說：「我來幫小朋友付車資吧！」我馬上說：「謝謝。」這道光說：「不用客氣！」慢慢地這道光消失了，我看見一位叔叔。這時，我定睛一看，發現他正是兩年前我曾經幫助過的一位乞丐！全靠他，今天我才能準時上學，我真的很感激這位叔叔。

今天我真的很幸運，全靠這位叔叔，我才能準時上學。我更明白了一個道理「好人有好報」。我以後一定會幫助更多人，成為「正義的光」。



## 《四季》

5B 毛伊澄

一年四季——春夏秋冬，你最喜歡哪個季節？我喜歡春天。春天，各種昆蟲在天空中紛飛，十分壯觀啊！蝴蝶在天上翩翩起舞，春天的景色真是值得讓人喜歡呢！



清晨，我來到山上，放眼望去，幾隻色彩繽紛的蝴蝶在採花蜜，真令人賞心悅目！正當我看得入迷時，突然一陣風吹過，那些風「颼颼」地吹，吹得樹都歪了啊！樹被風吹得搖搖晃晃，就像在向我們揮手呢！

中午，到達了花園。哇！花園裏的花有很多顏色，紫色、黃色、綠色……它們在爭奇鬥豔呢！我走近花叢，打算欣賞之時，一股花香撲鼻而來，啊！可真香啊！我還看到「太陽花」，它的外形果然像太陽一樣呢！真有趣！花園裏有各種各樣的花，真是目不暇給！我忍不住用相機拍下它們的美態。

暮色降臨，我走到了綠油油的草地，發現有很多人在放風箏，我也迫不及待從袋子裏拿出我的風箏，把它放到高空。天空中飛舞的風箏都不一樣，有大的，有小的，還有很多不同形狀和顏色，真好看！

我喜歡春天，春暖花開，景色優美，令人十分沉醉；百花盛開的場景美得令人難以言喻呢！





## 《感恩》

5C 陳妙涵

今天真的很幸運，到現在我還十分感激那位向我伸出援手的人。

今天，是中文小測的日子，在課室等待董老師到來時，我想從筆盒裏拿出鉛筆，卻發現我竟然沒有帶鉛筆，我急得像熱鍋上的螞蟻，馬上向班中的同學借筆，可是沒有一個同學願意借給我。



正當我急得眼眶裏的淚開始往下掉時，我心想：不行！不能讓別人發現我無助和狼狽的樣子。於是我把頭低下去，不讓別人看見，可是我那通紅的眼眶早已不爭氣地流下了無助的淚水，儘管我已經盡力，但天不隨人願，我那狼狽的樣子還是被人發現了。慌忙間，我馬上擦掉淚水，向那人勉強地擠出微笑，我本以為他會嘲笑我，可他卻成為了我生命裏的一道光，向我伸出援手——他借了一枝筆給我。

我把淚擦掉，向他表示感謝，然後我才看清那個人是和我關係不好的金雨。接過筆後，我問他為甚麼幫我，他卻甚麼都沒說，便返回座位，金雨做好事不留名，我大聲地對他說：「謝謝你！」

雖然我在這次小測沒有好表現，但當中給我的啟發卻不少。經過這件事，我明白了不管是誰，只要有困難，我們都要伸出援手。



## 《周記一則》

6A 張以琛

十二月二十二日至十二月二十八日

在這一個星期裏，我的親友來香港遊玩一星期，期間我們去吃特色的小食和去主題樂園遊玩，大家都興高采烈，令我非常難忘。



星期日早上，我到羅湖口岸接由深圳到香港遊玩的姨母，然後，因為我們都開始覺得肚子餓，所以我便帶她到深水埗吃香港的特色小吃。我們四處逛逛，最後在一家小食店停下來。那家小食店有賣咖喱魚蛋、魚肉燒賣等，我們每人各買了一碗燒賣和魚蛋。我只是吃了一口魚蛋，就感到口中有一陣很香的咖喱味，而從未吃過這小吃的姨母，更是讚不絕口。我們吃得津津有味，很快就吃完了。接着，我們又去了一家茶餐廳買了兩個菠蘿包。它的外皮十分酥脆，但內裏卻是很鬆軟。我們大口大口地吃着，很快就吃完了，然後就回家去。

星期二晚上，我們到尖沙咀觀看燈飾。我們先在那裏四處逛逛，觀賞不同的燈飾，有拿着禮物的聖誕老人、可愛的雪人、雪白的雪花等，它們都色彩繽紛，十分漂亮。我們一邊觀賞着，一邊穿過人群，走到海旁。到了那裏，首先映入眼簾的是那高高的聖誕樹，上面放了不同的裝飾。而在聖誕樹的頂部，是一顆金光閃閃的星星。我們好不容易找到一個好位置，拍了幾張照片。然後我們就靜靜地等待着「幻彩詠香江」的開始。「幻彩詠香江」的燈光五彩繽紛，十分漂亮。待它結束後，我們便離開了。

星期六早上，我們很早就前往海洋公園。一到達那裏，我們立即跑進「海洋奇觀」——一個巨大的水族館。裏面有着各式各樣的海洋生物，例如：海馬、小丑魚、魔鬼魚……除此之外，每個水族箱外都有一個用來簡介各種海洋生物的牌子，而最令姨母震驚的是，海馬原來是由雄性生育繁殖的。之後我們到了看起來十分巨大的動感快車——一輛過山車。待我們戰戰兢兢地坐上去後，它便慢慢開動了。過了一會兒，過山車就抵達了最高點，但在下一秒，它突然往前衝下去，並以極快的速度衝過一個三百六十度的大迴旋，嚇得姨母不斷高聲尖叫，她的心臟彷彿跳了出來，但我已經玩了很多遍，所以完全不害怕。結束後，姨母表示以後也不要再來這裏遊玩，而我在旁邊偷偷地笑了一下。最後，我和姨母依依不捨地離開了。

經過這一週，我體會到與遠道而來的親友相聚是一件很難得的事，我會好好珍惜，我希望以後可以多和他們相聚。

# 《說明怎樣與家人建立和諧的關係》

6B 陳婉瑜

家庭是我們的港灣，和家人建立和諧的關係，能讓我們內心充滿愛與力量。在與家人相處的過程中，我總結出以下三點，那就是彼此接納、互諒互讓和用心聆聽。



第一，我們需要彼此接納。因為彼此接納是和諧家庭的基石。彼此接納家人十分容易。例如：接納媽媽囉嗦的性格。雖然媽媽每天在我出門的時候，都會說：「帶了門匙嗎？帶了雨傘嗎？帶了外套嗎？」但是媽媽只是擔心我丟三落四的性格，又要跑回家一趟，浪費時間。同樣地，媽媽也接納我不好的習慣，因為我每天都賴牀，但是媽媽都不厭其煩地每天叫我起牀。我們接納了家人的壞習慣和性格，就會減少爭執了。

第二，互諒互讓能使家庭關係更融洽。有一次我做完功課後，正想去房間玩電腦的時候，弟弟突然衝到了我的面前說：「姐姐，求求你把電腦借給我吧！我明天要交功課。」我本想拒絕，但一看到弟弟那可憐的眼神，我最後還是把電腦借給他。還有一回，奶奶做了我不喜歡的菜，我知道這是她按自己的想法為我準備的營養美食，所以我還是努力吃了一些，並笑着告訴她味道不錯。奶奶特別開心，之後還特意學習做我喜歡的菜。互諒互讓可以令家庭更和諧。

第三，用心聆聽是增進家庭感情的橋樑。每當遇到學習的煩惱時，我會和爸爸媽媽傾訴，他們總是放下手中的事情，認真地聽我講話，給我鼓勵和建議，讓我重新充滿信心。我也會用心聆聽家人的心聲。爸爸工作遇到挫折，心情低落，我會安靜地坐在他身邊，聽他講述工作中的不如意。雖然不能幫他解決實際的問題，但我的聆聽讓他感到欣慰，他的情緒也逐漸好了起來。因此，用心聆聽家人的心底話，可以使家庭變得更和諧。

家人之間的愛是深厚且無私的，只要我們做到彼此接納、互諒互讓和用心聆聽，就能建構一個既溫馨又和諧的家庭，讓家庭的溫暖永遠伴隨我們成長。

# 《說明怎樣與家人建立和諧的關係》

6C 莊可欣

在日常生活中，青少年常常與家人發生爭執。那你知道怎樣與家人建立和諧的關係嗎？我會從以下三方面說起。



首先，我們應該與家人增強溝通。父母要工作，回家後還要做家務。而我們要上學、補習、參加課外活動，大家都非常忙碌。我們可以在假期和家人參加親子活動，還可以多和家人分享趣事或談心，例如：說一件校園趣事、說最近很難過的事情、說認為彼此做得不好的地方等。想和家人建立和諧的關係，增強溝通就是成功的第一步。

其次，我們應該與家人彼此接納。踏入青春期的我們，大多都會認為父母的關心令人心煩，我們也會因為貪玩或粗心大意的性格，令父母氣惱。所以我們應該接納父母囉嗦的性格，明白這是對我們的關心。父母也應接納我們粗心大意及貪玩的性格，明白這是青春期孩子正常的性格。和家人彼此接納，就能使關係更和諧。

最後，我們和家人應多用愛心去關懷彼此。平時大家一回到家中，便各做各的事，沒有關懷彼此。我們可以在父母下班時，為他們端上一杯熱茶；在父母疲累時，幫他們做家務。也可以做一張心意卡或愛心手工給家人。而父母可以在我們溫習結束後，給我們一個大大的擁抱；在我們失敗時，鼓勵我們不要放棄；也可以在我們放學時，關心我們的校園生活。如果我們能夠多用愛心關懷彼此，大家心情會更好，關係也會更和諧。

總括以上各點，只有增強溝通、彼此接納和愛心關懷，才能與家人建立良好的關係。如果建立了良好的關係，大家心情會變得更好，也會變得更親近。希望每個人都可以與家人營造樂融融的家庭氣氛。





## My Friends

### 2A Wong Ka Ho

Today, I asked my friends about their feelings. I interviewed Yin, Ray, and Renee.

Yin is not bored but he is tired. He can take a rest or go to sleep. Ray is not bored but he is cold. He can drink some hot water or wear a coat. Renee is not tired but she is bored. She can play or watch DVDs.

It is good to care for others.



## My School

### 2B Yeung Wai Yan

This is my school. There are nine floors in my school. There is a computer room on the third floor. There are many computers and iPads in the computer room. We can play on the computers and use the iPads. There is a library on the second floor. There are books and newspapers. We can read books there. I like my school, and I am happy to go to my school.



## My School

### 2C Chan Ching Yan

This is my school. There are six floors.

The library is on the second floor. There are many books and newspapers in the library. We can read books there. We must keep quiet. I like the library.

The computer room is on the third floor. There are many computers and iPads. We can play with the computers and iPads. We mustn't spit in the computer room.

I like my school. It is fun. It is big and beautiful.



# Fruit Salad

3A Tam Ho Laam

## Ingredients:

- Strawberries
- Apples
- Some salad
- Some grapes

## Steps:

1. First, wash the grapes and strawberries.
2. Then, wash the apple.
3. Next, cut the apple into small pieces.
4. Then, put the fruit into the bowl.
5. Finally, add the salad dressing.
6. Now, sit down and enjoy it.



# About Me

3B Tai Si Ching

My name is Chloe. I am nine years old. I study at Shek Lei St. John's Catholic Primary School. I am in Class 3B. I can play the piano and sing. I am good at music. I can't play football or basketball. I am not good at sports.



## About Me

### 3C Lam King Yu

Hi Victor,

I read your rhyme on the 'Friends Around the World' website. I want to be your pen friend.

I am Yuri. I study at Shek Lei St. John's Catholic Primary School. I am in Class 3C. I can play basketball and badminton. I am good at sports. I can't play the violin or the guitar. I am not good at music. I have a sister. Her name is Yannis. She likes sleeping on the bed. I like her.

Please write soon.

Yuri



## Comparing Games: 50 Years vs. Now

### 4A Yip Hailey

Playing games today is very different from 50 years ago. Back then, people played hopscotch and hide-and-seek in the playground. They caught fish in the streams and raised fish. They felt very happy. They had good relationships with neighbours and friends.

But now, it is very different. Today, people play on iPads and electronic games. These may affect our eyes. However, they play happily.



# An Email to my Pen Friend

4B Chau Sum Yau

To: Frank@school.edu.hk

Subject: Making Pen Friends

Dear Frank,

My name is Charlotte Chau, and I live in Shek Lei. I am nine years old, and my birthday is on 14<sup>th</sup> July. Hilary and Hailey are my good friends. I am taller than Hailey, but Hilary is the tallest. My hair is the shortest. My eyes are bigger than Hailey's, but Hilary's eyes are the biggest. I am cuter than Hilary, but Hailey is the cutest. However, I believe I am the most beautiful.

I like drawing by myself. I also enjoy playing on the iPad with my sister because it is interesting. I enjoy collecting stickers with my friends.

I like helping others, so I joined a program called 'A Little Teacher'. As a little teacher, I can help P.1 students. Showing love to others is meaningful and joyful.

I am so happy to be your pen friend!

Cheers,

Charlotte Chau



## Games in the Past vs. Games Now

4C Chan Cheuk Nam

Before electronic games were invented, kids played hopscotch, hide-and-seek, and board games. They enjoyed those. They also liked chatting. They always played at the playground when they were bored. They made new friends easily.

But now? They enjoy playing electronic games, and they seldom play hide-and-seek or hopscotch. However, they still chat using apps on mobile phones, like WhatsApp. A few kids play at the iconic playgrounds. Friends are hard to make.

Please bring back the old times because kids are lazy nowadays, but in the past, they were more energetic.





# An Unforgettable Trip

5A Wong Yu Fung

I went on a trip last Sunday with my friends, Harry and Amy. We went to a forest. It was a sunny day. We brought a phone, water bottles, and some food.

Suddenly, it started raining heavily, but we didn't bring umbrellas. We ran under a tree because we wanted to find shelter.

Then the rain stopped. However, we got lost. We felt upset because we didn't have a map. Our phone was out of battery too.

Finally, we met a policeman. He helped us and sent us home. We felt happy.

I have learned that I need to prepare well when I go on a trip next time.



# How to be a Good Student

5B Au Yat Fan

If you behave well at school, you will be a good student.

In the morning, we should not be late for school. We should go to school early and say, "Good morning," to teachers.

In the classroom, we should not talk. We should listen to the teachers. We should not shout loudly or run in the classroom.

We should not run in the playground. We should line up when we buy our snacks and not talk while lining up. We should put rubbish into the bins.

All in all, we should behave well both in the classroom and during recess.



## A Cooking Lesson

5C Chan Wai Pan

Four days ago at 5 o'clock, Dad and I were at home. We had to cook because Mum was busy at work. Dad was washing a fish in the kitchen. He asked, "Can you help me wash the vegetables?" I wanted to help him, so I answered, "Of course!"

Then, while Dad was cooking the fish, he asked, "Have you finished washing the vegetables yet?" I replied, "Yes, I have just finished washing the vegetables."

At 8 o'clock, Mum came home. We were ready to have dinner. But Mum found that the rice cooker was empty. Dad asked angrily, "Why didn't you cook the rice?" I said, "Oh... sorry, I forgot to cook the rice."

Finally, I ordered rice through Foodpanda. I felt relieved. From this incident, I learned that I need to be more careful. I will write a note to remind myself next time.



## A Football Match

6A Yeung Wai Lam

Last week, Tom and his classmates from 6A played in a football match. They felt both excited and nervous.

Tom was the only one who felt anxious because he didn't like playing football. A few minutes later, the match officially started. Classes 6B and 6A had organized cheering banners to support their teams, creating a lot of excitement and joy on the field.

However, when Tom's teammates tried to pass the ball to him, he unfortunately missed it and fell to the ground. He hurt himself and felt a lot of pain. Therefore, he was sent to the medical centre.

At the end of the match, 6A won, and they felt joyful. However, Tom's team felt upset. After a while, Tom's coach came to comfort them and even brought ice cream. All of the teammates were delighted. "Remember, if you didn't win, it's okay. It's not a big deal," said the coach. They all felt happy again.

Through this experience, Tom and his teammates learned that no matter the outcome, it's important to maintain a positive attitude when facing difficulties.



# A Charity Programme

6B Ho Hei Min

Last month, I participated in a charity programme with Mr. Thomas and my classmates. We visited an old people's home because we wanted to express our care for the elderly. Our goal was also to spread happiness and love among them.

During the visit, apart from distributing gifts, we performed a music show to bring them joy. Nelson also entertained them with a delightful magic show. While we were performing on stage, many elderly people mentioned that they had never heard such beautiful songs before. They were overjoyed.

However, as we were handing out presents to the elderly, I noticed there weren't enough gifts for one elderly lady. Consequently, we turned to Mr. Thomas for help. He suggested that we buy some daily necessities for her instead. In the end, she was still very happy.

We solved the problem by buying useful items for the elderly woman who hadn't received a gift. I was delighted to help her. Through this experience, I learned the importance of supporting those in need. I would love to participate in the program again, as I believe helping others is both meaningful and rewarding.



# A Meaningful Day

6C Muhammad Khuzaifa

Nelson and I went to an old people's home last week. We went with Mr. Thomas. We wanted to talk to the old people. We bought some gifts, and Nelson brought a toy car.

Nelson played with his toy all the time. When we arrived, Emma sang songs in the old people's home. We were happy. The old people were excited. We gave out the gifts. "Oh!" We didn't have enough gifts. Mr. Thomas suggested giving food to the old people. Suddenly, Nelson took out his toy car and gave it to an old man. We were relieved.

We learned a lesson: we should prepare well before we act. I will visit the old people again because it is very meaningful.



# How to Learn from Successful People

Principal Chan

Success means different things to different people. For some, it might involve career achievements, such as earning a promotion, winning an award, or starting a business. For others, success could mean building strong relationships, maintaining a healthy lifestyle, or achieving personal dreams and goals.



Successful people often share several key traits:

- Clear goals,
- The ability to overcome challenges,
- Persistent effort,
- A willingness to engage in self-reflection and growth.

Success is not just about reaching a specific endpoint; it's a continuous journey of learning and adaptation. Learning from successful people is a powerful way to gain valuable insights and inspiration. Here are some simple ways to do so:

## 1. Read Biographies and Autobiographies

Reading about the lives of successful individuals helps us understand their backgrounds, the challenges they faced, and the decisions they made. These stories can inspire us to pursue our own goals with determination.

## 2. Use Social Media to Observe and Learn

Following successful people on social media allows us to stay updated on their latest ideas and advice. By observing how they work, think, and make decisions, we can learn practical skills and apply them to our own lives, improving our efficiency and increasing our chances of success.

## 3. Learn from Their Failures

The failures of successful individuals often lay the groundwork for their achievements. Understanding how they overcame setbacks can help us build resilience when facing our own challenges.

## 4. Attend Talks and Seminars, and Engage with Successful People

Many successful individuals share their experiences through talks and seminars. Attending these events allows us to learn directly from them, ask questions, and seek guidance. This provides first-hand insights and practical advice to help us grow.

By applying these methods, we can better understand the mindset and habits of successful people. Remember, success is an ongoing journey. Let's keep learning and growing together as we embark on the path to success!



# The Successful Person I Admire Most

Ms. Cheung Ka Yun

When we think of success, we often picture material wealth, fame or power. However, my definition of success is far deeper, which is why I admire Jesus Christ as the most successful person in history.

From both a historical and spiritual perspective, Jesus has left an everlasting impact on humanity. His success wasn't measured by riches or power but by the transformation he inspired in people's hearts. He taught love, compassion, forgiveness, and humility—values that have shaped civilizations for centuries.



His teachings were revolutionary. He spoke of loving one's enemies, turning the other cheek, and giving to those in need without expecting anything in return. These were not just words; Jesus lived them, even through his death on the cross. His life exemplified his teachings, showing that true success lies in serving others, uplifting those around you, and spreading hope and redemption.

The impact of Jesus is immeasurable. His philosophy has inspired countless individuals to live with purpose, work for peace, and advocate for the marginalized. His legacy endures through acts of charity, the founding of schools and hospitals, and global movements for social justice.

What I admire most about Jesus is his unwavering commitment to his principles, even in the face of adversity. He changed the world not through force but through love, not through conquest but through sacrifice. To me, this is the essence of success—to leave the world better than you found it and to influence lives across generations with a message of love and salvation.

As we pursue our own success, let's remember Jesus — not just as a religious figure, but as the ultimate example of what it means to succeed by touching hearts and transforming lives.



# Cristiano Ronaldo – The Greatest Football Player of All Time Who Never Gave Up

Mr. Hui Tsz Chung

Have you ever dreamed of becoming the best at something you love? Let's explore the incredible journey of Cristiano Ronaldo, one of the greatest football players in the world, and how his story can inspire you to chase your dreams!



Cristiano Ronaldo was born on February 5, 1985, in Funchal, a small town on the island of Madeira, Portugal. Growing up, life wasn't easy for him. His family struggled financially, and he faced many challenges. But Ronaldo had a big dream: to become the best football player in the world. Even as a young boy, he would practice for hours, kicking a ball around to improve his dribbling, shooting, and passing, no matter how tired he was.

At just 12 years old, Ronaldo left his family to train with a major football club in Lisbon, Portugal. This was a tough decision—leaving home, making new friends, and working harder than ever before. Despite feeling homesick, he never gave up. He trained every day, pushing himself to improve, and soon his talent shone through.

Ronaldo's big break came at 18 when he joined Manchester United in England. He worked tirelessly, training harder than anyone else, and became known for his incredible speed, strength, and goal-scoring ability. But he didn't stop there! He later played for Real Madrid, Juventus, and now Al-Nassr in Saudi Arabia, always striving to be better. Throughout his career, he has scored over 900 goals and won numerous awards, including the Ballon d'Or, which honors the world's best player.

What makes Ronaldo so inspiring? It's not just his goals or fame—it's his determination and heart. He faced injuries, tough opponents, and doubters who said he couldn't succeed, but he kept going, believing in himself and working harder every day. Ronaldo also shows kindness, such as helping children through his charity work, proving that being a great athlete also means being a great person.

Ronaldo's story teaches us that you don't need to start with everything to achieve big dreams. All it takes is passion, hard work, and the courage to keep going, even when things get tough. Whether you love football, drawing, dancing, or something else, you can shine like Ronaldo if you never give up!

So, grab your ball, pencil, or whatever you love, and start practicing today. Who knows? You might become the next big inspiration for kids everywhere, just like Cristiano Ronaldo!

# A Star-Man and a Car-Man

Mr. Tai Tsz Hin Michael

Elon Musk is an incredible person who inspires me to dream big and work hard. Born in South Africa, he loved reading books as a child. Today, he's a renowned inventor and leader who creates innovations to improve the world.

One reason Elon is my role model is his company, Tesla. He designs electric cars that don't use petrol, helping to keep the air clean in cities so we can all breathe easier. I think it's amazing how much he cares about our planet.

Elon also founded SpaceX, a company that builds rockets. He dreams of enabling people to travel to space and even live on Mars someday! What's incredible is that he has developed reusable rockets, showing me that no dream is too big if you keep trying.

I also admire how Elon never gives up. He faced tough times, like when his rockets failed, but he persevered. This teaches me to stay resilient even when things get challenging.

Elon works incredibly hard and is dedicated to making the future better. Recently, he has taken on a role in the U.S. government, working to reduce government spending and ensure funds are used wisely to help pay off debts. He's also funny and shares his ideas online, making him feel approachable, like a friend. I want to be like him—someone who helps others, thinks big, and never quits. Elon Musk shows me that with hard work and imagination, I can achieve anything!



# Discovering the Timeless Wisdom of Confucius

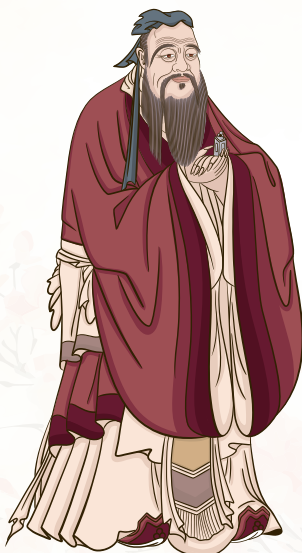
Ms. Kwok Nan Fan

Reading *Who Was Confucius?* by Michael Burgan deepened my appreciation for Confucius's lasting impact on philosophy and ethics. I found his teachings on respect, moral integrity and the importance of education especially relevant in today's world, where these values are sometimes overlooked. Confucius's emphasis on cultivating virtue aligns with modern discussions about personal responsibility and ethical leadership.



The book's engaging style and clear illustrations make complex ideas accessible, helping readers of all ages understand the significance of his teachings. I was particularly struck by how Confucius's focus on harmony and respect within society mirrors our ongoing pursuit of balance in relationships and communities.

This book is more than an introduction to a historical figure; it offers valuable insights into a philosophy that continues to influence millions. I highly recommend it to anyone interested in philosophy, history, or cultural studies, as it encourages readers to reflect on how these timeless principles can be applied today. Overall, *Who Was Confucius?* serves as an inspiring reminder of the power of ethical thought and the importance of fostering a respectful society. If you're interested, you can borrow the book from the school library. Happy reading!





## 《記一件值得感恩的事——新生命的誕生》

林秀芬老師

當我回首那個特別的日子，心中總是充滿了溫暖與感激。那是我的寶寶誕生的日子，一個生命的奇蹟在我面前展開，將我的世界點亮。

每一次與寶寶的相處都是一種無法用言語表達的快樂。每當看到他懶洋洋地伸展小手小腳，那份純真的可愛讓我忍不住笑出聲來。晚上，當寶寶在床上安靜地入睡，看着他安穩而舒適的睡顏和聽着他均勻的呼吸聲，我的心中充滿了平靜和幸福。抱着他，我感受到生命的延續，感受到未來的希望，這種幸福是如此真實而深刻。

每當我看着寶寶的笑容，或是聽到他發出「咿呀」的聲音，我都在心底感謝這份來之不易的禮物。這個小小的生命，不僅讓我體會到了母愛的偉大，也讓我重新認識了生活的美好。每一天的相處都是一種珍貴的體驗，讓我學會了如何用愛去包容、去理解。

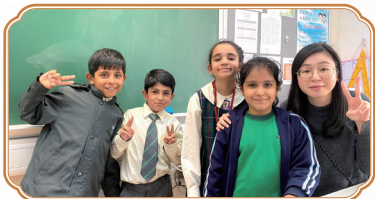
這件值得感恩的事，讓我明白了生命的意義。無論未來的路會多麼艱辛，我都會珍惜與寶寶共度的每一刻，讓這份愛在我的心中不斷延續。每當我抱着他，心中便會湧起一股無法言喻的感動，這份愛將永遠是我生活中最耀眼的光芒。



## 《記一件值得感恩的事》

蘇思怡老師

在日常生活中，總有一些事情值得我們感恩，無論是微不足道的小事，還是影響深遠的大事。今天，我想和大家分享一件讓我感恩的事情——來自陌生人的幫助。



那是一個陽光明媚的上午，我和朋友相約到商場購物。由於趕着出門，我沒有吃早餐，忽略了身體的需求。當我到達巴士站等車時，漸漸感到頭暈目眩，四周的景物開始模糊。我意識到自己的低血糖發作了，立即走到一旁的長椅上休息。即使我努力保持清醒，但身體卻愈來愈虛弱，感覺整個世界都在旋轉。

「你還好嗎？」一把溫柔的聲音傳入耳中。我緩緩睜開眼睛，模模糊糊中看見一位中年女士，她面露焦急，眼中滿懷關切。「你是低血糖發作嗎？我這裏有可樂和糖果！」她毫不猶豫地從手袋裏拿出一罐可樂，遞到我手中。雖然身體無力，但在那一刻，我心中湧起一股溫暖。喝下可樂後，我漸漸恢復了意識，身體也逐漸恢復了力氣。

幾分鐘後，我的狀態好多了。那位女士也一直陪伴在我的身邊，直到我完全恢復。儘管我和這位女士彼此陌生，但她的關心與幫助卻為我帶來了溫暖。

我非常感謝這位女士的幫助，也希望藉着這件事情鼓勵每位同學：當我們學會感恩時，便能更深刻地體會他人的努力與付出，並激勵自己在他人需要時伸出援手。無論是在學校還是生活中，我們都可以通過一句關心、一點幫助，改變別人的一天。願大家能將這份感恩與愛心傳遞下去，讓這個世界變得更加美好！



## 《記一件值得感恩的事》

黃光耀老師

剛過去的農曆新年，我完成了人生第一場的「馬拉松」。能跑完一場「馬拉松」固然令人欣慰，但更值得回味的，是整個過程中累積下來的感恩之情。

首先要感恩的，是勝過了心中「跑步不需要花那麼多報名費」的念頭，在最後關頭付錢報名。比賽沿路的風光十分很新奇，由彌敦道到昂船洲大橋，在高速公路和隧道內跑步，倒也是難能可貴。而且沿途圍觀打氣者眾多，氣氛有如參加嘉年華似的，如此的體驗，絕非平日下樓慢跑能夠比擬。



五小時的比賽也令我以小見大，體驗到堅持到底的感覺。賽道最後十公里步行者眾多，我本人的體力也見底了，心中泛起一個「既然大家也不跑了，我不跑也不突兀」的念頭，但我也也不想使自己後悔，一直以來付出那麼多，不就是為了跑步嗎？慶幸信念真的帶領了我，忍着疲累、疼痛和抽筋，即使艱難、即使緩慢，我也能堅持下去。撐過去的感覺，使我體會到所有艱難也不是徒然，也成為了我人生的養分。

感恩這趟旅程的出現，也感恩自己有認真走過這一段路，讓我看見那麼多，也遇見那個能夠堅持到底，勇往直前的自己。



## 《我最欣賞的成功人士》

### 1A 陳諾臻

我最欣賞的成功人士是馬雲。他從一位老師變成全球知名的企業家。他創立了「阿里巴巴」和「淘寶網」，讓我們足不出戶也能體驗購物的樂趣，也為很多人提供創業的機會。他的努力和創新精神都值得我們學習。



## 《記一件值得感恩的事》

### 1A 蔡子瑜

有一次我生病，感到非常不舒服。奶奶知道後，立刻來照顧我。她每天都會煮我喜歡的湯，還時常陪我聊天讓我心情變好。奶奶不僅細心地給我量體溫，還為我準備了許多有趣的圖書。

她的關心和愛讓我感到溫暖，讓我更快康復。感恩奶奶無私的付出，因為她讓我在生病的時候不再孤單，很感恩我能擁有這樣的奶奶。



## 《記一件值得感恩的事》

### 1B 林然澤

我最感恩是父親在我幼兒園階段的陪伴與支持。

記得有一次，我參加了幼兒園的親子運動會。一開始，我有點緊張，但是父親一直在旁邊鼓勵我，讓我感到安心。當我跑步時，他大聲為我加油，我心裏特別高興。

最後，我們雖然沒有得到第一名，但我覺得那天是最開心的一天。我非常感謝父親的支持，也明白了和家人一起享受快樂的時光比獲得名次更重要。





## 《我最欣賞的成功人士》

### 1B 張華容

李嘉誠是香港著名的企業家。他的成功故事充滿奮鬥、智慧和遠見，是我們的典範。

他的童年和青少年時期充滿艱辛，最終通過不懈的努力和自學，展現出個人的商業頭腦，在商業上取得了巨大成功。

他的故事告訴我們：只要有夢想、勇氣和堅持，就能戰勝一切困難，實現自己的價值。



## 《記一件值得感恩的事》

### 1C 諸千朗

當我打開相簿看到爸爸與我的合照時，令我回想起那時四歲，爸爸就帶我參加不同的課外活動，例如：足球、跆拳道和游泳等等，而我最感恩的是每次爸爸都會陪伴我，無論他有多忙碌，也會抽空來陪伴我，因此我十分感激他。

隨着我漸漸地長大，經歷了多次的環境轉變，而在課外活動中，只剩下我最喜歡的足球。每次有足球比賽，爸爸也會帶上我，每次比賽前後，他都會和我一起練習。比賽時，我都會專心看比賽，從中學習。感謝爸爸，每次都利用空餘時間來陪我練習足球。

爸爸能夠給我滿滿的愛與鼓勵，我十分感恩能有他作為我的爸爸，他是我的英雄！



## A Worthy Moment of Gratitude

### 1C Zhang Kobe

I am grateful for everything in my life that brings me joy and comfort. I appreciate that with each experience, I become a better version of myself. I start each day with an attitude of gratitude and maintain that attitude throughout the day.



## 《我最欣賞的成功人士》

### 1C 葉佳熙

全紅嬋是由十三歲開始練習跳水的。

她是一個堅持不懈的運動員，她即使受傷也不放棄，仍然每天堅持練習跳水。雖然她在第一次比賽中失手，但是她對跳水的熱情沒有減退。

於是她每天更認真練習，很快四年一次的奧運比賽來了，全紅嬋最終取得金牌。

我很欣賞她這堅持不懈的性格，我會好好向她學習，在學業上努力爭取好成績。



## 《我最欣賞的成功人士》

### 1D 楊梓桐

古語有云：「不積跬步，無以致千里；不積小流，無以成江海。」從中我們明白成功源於小事的積累，小事不少，需要我們高度重視。而我最欣賞的成功人士便是達文西。

達文西是意大利著名畫家，他多才多藝。但這位傑出的畫家卻是從畫雞蛋開始的。他從小愛畫畫，但是不久之後他就感到不耐煩，不想畫了。但老師告訴他從小事做起的重要性，他受到了啟發，經過不斷的努力，終於成功成為了著名的大畫家。

我明白到每個人都不是天生就是天才，他們都是一步一步慢慢從小事做起，不害怕失敗，拼搏則成，奮鬥則成，直到成功。我希望我們能夠學習達文西的精神，做任何事都要持之以恆，不輕易放棄。



## 《記一件值得感恩的事》

### 1D 方浩天

這個新年假期，我很感恩參加了香港童軍慈善獎券義賣活動。這是一件非常有意義且值得感恩的事情。

透過購買獎券，我不僅有機會贏得獎品，還能幫助那些需要幫助的人。這個活動不僅讓我感到滿足，也為社會帶來了正能量。

同時，我也很感恩那些購買慈善獎券的人，每一張獎券代表着他們對需要幫助的人們的關愛和支持，他們的慷慨將為人們帶來希望與溫暖。再次感謝那些為慈善事業努力的人們，讓這個世界變得更加美好。



## 《記一件值得感恩的事》

### 2A 林潤晴

在我的生活中，有一件事情讓我非常感恩，那就是媽媽對我的愛。

有一次我感冒了，整個人都沒有力氣。媽媽十分細心地照顧我，一直守在我的身邊，時不時給我量體溫，幫我換上乾淨的衣服。

看着媽媽疲憊的樣子，我心裏充滿了感激。媽媽的愛就像一縷溫暖的陽光，讓我感到安全和舒適。

過了幾天，我的病漸漸好了，媽媽也鬆了一口氣。她告訴我，健康最重要，要學習好好照顧自己。

這件事讓我更加珍惜和感謝媽媽。我會努力學習，讓她為我感到驕傲，並在她需要的時候主動去關心和幫助她。媽媽，謝謝你！



## 《我最欣賞的成功人士》

### 2A 施南圖

我最欣賞的成功人士是愛因斯坦，他是一位偉大的科學家，我尤其欣賞小時候的他。

有一次老師佈置了一個做小板凳的任務，第二天愛因斯坦交了一個長短不一的小板凳。老師生氣地說：「世界上沒有比這更糟的小板凳了。」沒想到愛因斯坦說：「有。」於是他又拿出兩個更破的小板凳。說：「老師你手中的是我做得最好的小板凳，前面兩個比這個還要糟糕。」

原來成功不是天生的，做不好的事情一定要不斷嘗試才可以取得成功。



## 《我最欣賞的成功人士》

### 2B 彭思淇

我最欣賞的人是全紅嬋，她是中國國家跳水運動員。自從在二零二四年巴黎奧運會中看了她的比賽後，我就喜歡上她。因為她很小就被教練挑選當跳水運動員，經過自己努力練習，成為中國國家隊隊員，在二零二零年東京奧運代表國家參加比賽，在女子單人十米跳台決賽中，以創紀錄成績取得到金牌。成為年紀最小、最好成績的奧運傳奇。

她得到冠軍後毫不猶豫把獎金寄回家，給家中沒錢又有急病的媽媽治病，可見她有多麼孝順。

全紅嬋的品格也深受人們喜愛，她的堅毅不屈和永不言棄的精神是她成功的關鍵。





## 《我最欣賞的成功人士》

### 2B 楊慧欣

我最欣賞的成功人士是愛迪生。他不但是一位偉大的發明家，還是一位堅毅不拔的實驗家。愛迪生發明了電燈泡和流星機等多項革命性技術，改變了人類的生活。

他在面對失敗時，始終保持積極態度，他的創新精神和努力不懈的態度深深激勵着我，讓我明白追求夢想的重要性。



## The Successful Person I Admire Most

### 2C Chan Ching Yan

My Mum is the most successful person I admire. She is tall, thin, kind, and always helpful. She achieves her success through hard work. Despite having a lot of housework to do, she always manages to make us happy. She loves us, and we love her too.



## 《我最欣賞的成功人士》

### 2C 朱金怡

我最欣賞的成功人士是馬雲。他是中國企業家和中國共產黨黨員。他曾為亞洲首富、阿里巴巴集團董事局主席和董事長。

他曾說過：「我小學失敗兩次，中學入學考試失敗三次，甚至連高考（大學聯考）也失敗了兩次。」多次的失敗經歷讓他也開始思考自己的人生，回首往昔，他自己也調侃自己道：「一個人要成功，首先要想好自己到底要幹什麼，能夠幹什麼，然後才能擺脫誘惑。一時的失敗千萬不要氣餒，應該照着自己的理想走下去。成功是有很多因素造成的，你努力並不一定會成功，但是如果你不努力，就一定會失敗。」希望我也可以成為像馬雲一樣堅毅的成功人士。





## The Successful Person I Admire Most

2C Hu Chi Hin

Albert Einstein is regarded as one of the greatest scientists in history. He made numerous significant discoveries that transformed our understanding of science and inspired new ways of thinking about the universe. Many people consider him one of the smartest individuals of the 20th century.



## 《我最欣賞的成功人士》

2C 李國安

在我心中，最令我欣賞的人是全紅嬋。因為她在跳水界以驚人的天賦和不懈的努力取得輝煌的成績。

全紅嬋的比賽表現令我印象最深刻。在賽場上，全紅嬋以穩定的發揮和出色的表現贏得觀眾的喜愛和尊重。她的每一次跳水都盡力做到最好，讓人嘆為觀止。同時，她擁有謙虛低調的性格，贏得了大家的讚賞。



## The Successful Person I Admire Most

2C Master Kantaphon Khamneam

Mark Zuckerberg's story illustrates that success isn't about having all the answers right from the start; rather, it's about taking that first step, learning from challenges, and staying committed to your vision. In 2004, he launched Facebook from his dorm room with the help of a few friends. The social networking site quickly grew in popularity, and within a few years, Zuckerberg became one of the youngest billionaires in the world.



## A Worthy Moment of Gratitude

### 2C Tai Si Wing

At the beginning of the school year, I fell seriously ill, and this period was very challenging for me. The illness left me feeling weak, making it difficult to attend classes and study. Every night, I felt uncomfortable and struggled to sleep.

Fortunately, I have a mother who cares for me deeply. She stayed by my side almost every day, taking care of me until late at night. Under her attentive care, my health gradually improved. She continuously encouraged me, helping me believe that I would get better soon.

Looking back on this experience, I feel a deep sense of gratitude. I am truly thankful to have my mother by my side.



## A Worthy Moment of Gratitude

### 3A Wong Yik Lam

I remember being sick during my trip to Japan last year. Luckily, my mother took great care of me, which helped me recover quickly and enjoy the rest of the trip. I learned that maintaining a balanced diet is important. I want to express my gratitude for my mother's care and support.



# The Successful Person I Admire Most

3A Au Pak Yin

Thomas Edison, one of history's greatest inventors, is the person I admire most for his success. His relentless perseverance and innovative spirit led to groundbreaking inventions, such as the electric light bulb and the phonograph. Edison's famous quote, "Genius is one percent inspiration and ninety-nine percent perspiration," resonates deeply with me, emphasising the importance of hard work and determination in achieving success. His legacy continues to inspire generations around the world.



## 《記一件值得感恩的事》

3A 劉雅政

我的媽媽是一個平凡的家庭主婦。

有一次，我半夜發燒，媽媽知道後立即給我吃退燒藥。大概過了一個小時後，我退燒了，但是留了很多汗，媽媽坐在床邊幫我抹汗，媽媽對我說：「你要好好休息，媽媽今晚就坐在這裏陪你。」當我睡醒後，發現媽媽坐在床邊看着我，原來媽媽整夜沒有睡覺照顧我。



經過這一次生病，我真的要感謝媽媽，還要好好孝順她。



# The Successful Person I Admire Most

3A Wong Yat Nga

The person I admire most is Li Bai.

As a child, Li Bai did not enjoy studying. One day, while he was out playing, he encountered an old woman grinding an iron pestle with a stone by the river. After getting to know her, Li Bai realized that success comes from hard work. Inspired by this lesson, he began to study diligently and eventually became a great poet, earning the title "Poet Immortal."

Li Bai serves as a great example, encouraging me to study hard.



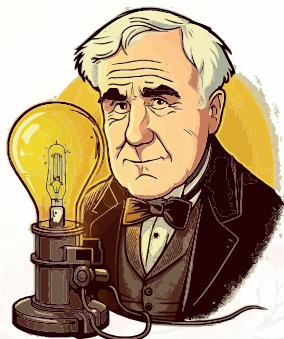
## 《我最欣賞的成功人士》

3B 鄧慧桐

我最欣賞的成功人士是愛迪生。雖然他失敗了上千次，但是他亦沒有放棄，繼續努力，最後終於踏上成功之路。

我是非常羨慕偉人的發明，可是我仔細想想，他們當中，哪一個不是勤奮好學的典範呢？我們要明白「一分耕耘，一分收穫」的道理。因此，一切有成就的人，勤奮就是成功的必要條件。

這位偉大名人——愛迪生的勵志故事，是告訴我們「失敗乃成功之母」。我們每一次的失敗，都意味着大家在成功的路上又走近一步了。



# The Successful Person I Admire Most

## 3B Ho Ding Yat

The successful person I admire most is Beethoven. I admire him because he was a courageous man. Even as he began to lose his hearing, he did not give up. He continued to create music for as long as he could until the end of his life.



# A Worthy Moment of Gratitude

## 3B Tai Si Ching

Reflecting on the past two years, I realise how many people have supported me. Among them, I especially want to thank Miss Yung.

When I was in Grade Two, my English skills were very poor, and I failed the exam. However, Miss Yung was always patient with me. She encouraged me during English class and frequently reminded me, "You can do it."



Because of her encouragement, I put more effort into learning English. Eventually, I achieved a good score on my English exam. Miss Yung has had a significant influence on my life. I am incredibly grateful for her endless support and care every step of the way. I am so grateful that I can be her student.

# 《我最欣賞的成功人士》

## 3B 丘嘉濠

我最欣賞和敬佩的成功人士是張騫，他不僅是一位偉大的探險家，更是一位傑出的外交家和「絲綢之路」的開拓者。

張騫兩次出使西域，開闢了中西交通的重要通道——「絲綢之路」，大大促進了東西方文化的交流與融合。他的勇敢和智慧，不僅展示了中華民族的開放與包容，也為世界的文化交流做出了巨大貢獻。



張騫堅毅不拔和開拓的精神，不但讓我十分欣賞，也讓我深感敬佩。



## The Successful Person I Admire Most

3C Lai Cheuk Kiu

The successful person I admire most is Siobhan Bernadette Haughey. She won a bronze medal at the 2024 Olympics. She practiced hard in swimming and is both humble and kind. In addition to her Olympic success, she has won various awards in other swimming competitions. I aspire to be a successful person like her.



## The Successful Person I Admire Most

3C Ho Chin Yuet

Beethoven is the successful person I admire most. He was born into a musical family, and his grandfather taught him music as a child, helping to cultivate his remarkable talent. Nothing could stop him from pursuing music, and he composed many pieces that are celebrated today. After Mozart, he is regarded as the second most prolific composer.

His ambition, passion, and persistence in music enabled him to live a successful life. Even after losing his hearing at the age of twenty-seven, he continued to create without any doubts. Despite the challenges he faced, he composed numerous popular symphonies. Beethoven's attitude toward life is something I greatly admire and strive to emulate.



## 《我最欣賞的成功人士》

3C 林敬汝

我最欣賞的成功人士是全紅嬋，因為她是最年輕的奧運金牌得主。

她能拿奧運金牌是因為她每天都很努力地訓練，不怕辛苦、不放棄，才能得到奧運金牌。

我希望我長大後可以和全紅嬋一樣努力訓練，不怕辛苦，學會不放棄，成為一位成功人士。



# The Successful Person I Admire Most

3C Wong Cheuk Fung

Newton is a remarkable scientist, and his life story has deeply impressed me. He discovered gravity, a universal force we experience every day, and helped me understand why objects fall. His dedication teaches us that, regardless of the difficulties we face, if we work hard, we can achieve success.



## 《我最欣賞的成功人士》

3C 黃凱情

我最欣賞的成功人士是香港游泳運動員——何詩蓓。

有一天，我在網絡搜尋香港成功人士的時候發現了這位香港傑出運動員——何詩蓓。她的泳術十分厲害，不但在東京奧運取得一百米和二百米自由泳的銀牌，還是歷年來取得最多奧運獎牌的香港運動員，曾經五次當選香港傑出運動員呢！

我選擇她的原因是因為她一邊應付考試，一邊勤力練習游泳，最終獲取好成績。我非常欣賞她的堅持和努力，並且希望學習她的精神，堅持每天努力溫習，在考試的時候能達到自己想要的結果。



# The Successful Person I Admire Most

3C Wong Wing Man

The person I admire most is Cheung Ka Long. He broke records and became the first fencer from Hong Kong to win an Olympic gold medal. He has a remarkable attitude, even when he was behind in the competition. He never gives up. I will learn from him and strive to be a successful person like him. I will not give up when I face difficulties.



# The Successful Person I Admire Most

## 4A Cheung Tsz Ying

The successful person I admire most is Beethoven. He is one of the most famous musicians in the world. He was born in Germany and composed a significant amount of classical music. He showed his talent for music when he was very young, and people regarded him as the second Mozart.

I admire him because he composed so much music that I always listen to. Even though he began losing his hearing in his mid-thirties, he didn't give up on composing. I learned that we should not give up easily when faced with difficulties in our lives.



# A Worthy Moment of Gratitude

## 4A Chow Tsz Yan

At Christmas, I had a party with my class, and we all felt very happy.

In the morning, my mother woke up early to help me make sandwiches and prepare gifts for some of my classmates. The gifts included toys, candies, cookies, and Christmas cards. Although my mother felt tired, she continued to help me with everything. When my classmates received the gifts, they felt excited and happy.

After the Christmas party, I was very pleased with my mother because she helped me do everything.



# A Worthy Moment of Gratitude

## 4A Kwong Ho Kwan

Five years ago, I didn't know how to ride a bicycle. I wasn't happy about it, but my mom told me that I could learn to ride one day if I kept practicing. I was so motivated that I started to ride my bicycle more seriously.

When I got to the park, my classmates taught me some skills. They said that I couldn't ride a bicycle like this; I had to pedal hard with my feet to keep moving forward. Suddenly, I understood. Thanks to my old classmates, I learned how to ride a bicycle. I rode for a long time. When my mother came to find me after having lunch, she said, "You can ride a bicycle! That's great!"



# The Successful Person I Admire Most

## 4A Fong Ching

The successful person I admire most is Albert Einstein. I admire him because he made significant contributions to the world of science. Einstein was born on March 14, 1879, in Ulm, Germany, to a secular Jewish family. His father was an engineer, and his mother was a musician. From a young age, Einstein exhibited extraordinary intellect and entered elementary school at the age of five. That same year, his family moved to Munich, where he attended the Luitpold Gymnasium.



At this stage, a seemingly ordinary event ignited his interest in physics: his mother gave him a compass, and he became deeply fascinated by the mystery of magnetism. Although the unified field theory he proposed was never fully completed, Einstein's exploration journey laid the groundwork for significant developments in theoretical physics.

Einstein was a pioneer who dared to explore and push science into new fields and heights.

# The Successful Person I Admire Most

## 4A Lam Sze Nga

The successful person I admire most is Jiang Minxin. She ruptured her knee ligaments twice, but with the support of her team, she worked hard and maintained a vegetarian diet to recover from her injuries. After the Tokyo Olympics, she blamed herself for her poor performance but actively adjusted her mindset to start again.

Upon winning the gold medal, she expressed gratitude and hoped to use the prize money to establish a charity fund that would provide resources for future generations to learn sports.

During the Paris Olympics, Jiang Minxin remained calm and composed, demonstrating hard work and perseverance. In a tense battle, she triumphed and jumped up joyfully, while her defeated teammates returned to their seats in disappointment. Chinese audiences also celebrated her victory.

I truly admire Jiang Minxin for her dedication and resilience; she is not afraid of challenges. She embodies her love for China and has become a role model for us all. Come on, Jiang Minxin!





# My Role Model

## 4A Ng Yat Huen

My classmate and best friend, Luna Fong, is my role model.

Luna is a hard-working girl, and I admire her for three reasons. Firstly, she studies diligently, taking detailed notes and keeping her handwriting neat every day. Secondly, she is incredibly warm-hearted and always helps everyone who turns to her. Thirdly, she is an exceptional swimmer. She swims very fast, almost like a fish, and can be found swimming wherever she goes, regardless of the weather, whether it's hot or cold. Her discipline in maintaining her physical health is truly admirable.

Luna's hard work and self-discipline inspire me. I strive to follow her example and improve myself in every aspect.



# A Worthy Moment of Gratitude

## 4A Lam Tsz Ying

When I was in fourth grade, I felt especially grateful to my mother. She always cared for me, particularly when I faced difficulties in school.

One time, I didn't perform well on a math test and felt very upset. After returning home, I shared my grades with my mother. Instead of blaming me, she comforted me, saying, "It's okay, just try harder next time!" Then she offered to help me review math.

My mother took time out every day to do exercises with me and patiently taught me how to solve each difficult problem. She not only helped me improve in math but also taught me how to face challenges. After a period of hard work, my math performance improved greatly.

Thanks to my mother's support and encouragement, I became more confident. I realized that her love and care helped me overcome my difficulties, which deeply touched me.

Now, whenever I encounter a challenge, I think of my mother's teachings. I hope to pass on this love to others, just as she did. I am truly grateful to my mother!



## A Worthy Moment of Gratitude

4A Yip Hailey

Every day, my mum cooks dinner at night.

I want to say, "Thanks, Mum, for cooking dinner for me every day." One day, I came home from school and smelled a wonderful aroma. My mum was preparing Christmas dinner in the kitchen. There was a lot of food—turkey, Christmas cake, spaghetti with meat sauce, and more. Everything looked delicious, and I was excited.



In the evening, my dad came home, and we all sat down to enjoy Christmas dinner together. We were so happy—it was a wonderful day!

After dinner, we played Christmas games together. We had so much fun and even sang Christmas songs.

Finally, we went to bed at ten o'clock, feeling joyful after a lovely day.

## The Successful Person I Admire Most

4A Ou Zhi Xin Cindy

The person I admire most is Gauss. I think he is remarkable because he imparted valuable mathematical knowledge to us. One of his most important works, *Research on Arithmetic*, is a book I would like to share. It has the potential to inspire our love for learning, encouraging us to study hard and constantly improve ourselves.



## 《記一件值得感恩的事》

4B 吳樂亭

星期日發生了一件令我印象深刻又很感恩的事情。這件事是我跟家人去台灣旅行，我感到很高興。

一到達台灣，我就開始流鼻水，全身發抖，感到很累。接着我喉嚨痛得吞不下口水，又痛又累的我這晚過得很辛苦。

晚上，我很早就躺在床上休息。弟弟一直哭鬧，令我睡不着覺來。結果我那晚失眠，我的病也變得嚴重起來。

第二天，我跟媽媽說我生病了。她就帶我去看醫生。雖然診所有點遠，但媽媽也沒有因此而感到麻煩。看完病後，媽媽也留在旅館照顧我，叫爸爸帶弟弟和哥哥去遊玩，好讓我可以休息，我心裏感到不好意思，但又沒有氣力和足夠的體力和他們出去逛，只好回去旅館休息一下。結果，我睡了一整天。

第三天，他們為我買了粥和油條，這使我感到很溫暖。這天，我不是在睡覺就是在看電視。他們知道我在旅館很悶，就會拿手上的遊戲機和我一起玩，這使我感到很開心。

第四天，我已經痊癒了，我感謝他們的照顧。經過這次旅程，我明白到家人對我的關愛，我很感激他們不怕麻煩地為我買食物和帶我去看病。

這是一件令我感到感恩的事情，以及這是一個難忘的旅程。



## 《我最欣賞的成功人士》

4B 尹浩文

在一八四七年，愛迪生生於美國俄亥俄州，他發明了二千多種東西，被譽為世界上最偉大的科學家。

愛迪生家境貧困，但是他勇於嘗試、百折不撓和敢於創新。雖然貧困，但他沒想過放棄。他少年時對科學產生了濃厚的興趣，常在家中做一些小實驗。

愛迪生做過最大的貢獻就是發明電燈，他做了一千六百次耐熱材料和六百多種植物纖維的實驗才製造出世界上第一個燈泡。後來他不斷改良製造的方法，大大改善人類的生活。

愛迪生這種不放棄的精神和貢獻值得我學習，希望我也可以像愛迪生一樣呢！



# A Worthy Moment of Gratitude

## 4C Fan Wing Tung

There were many memorable moments growing up, but one thing I was very grateful for happened on my seventh birthday. That year, my mother prepared a birthday party for me and invited my friends to join. We played games together, ate cake, and laughter filled the whole room.

The most exciting part for me was the special birthday gift my mother prepared: a tablet.

When I opened this gift, my heart was filled with joy. I couldn't wait to take the tablet out of its box. At first, I didn't really like it, but I knew my mother had worked hard just for me, so I continued playing with it and slowly began to enjoy it more.

This experience taught me that happiness does not lie in material possessions, but in love and care. To this day, I still feel a deep warmth from that memory.



## 《記一件值得感恩的事》

## 4C 黃渝深

每次看到感恩的課題，不禁讓我想起媽媽，從我出生起，她就任勞任怨地照顧我，我對她感恩的事情，可能幾天幾夜都數不完。

小學時，我還不懂事。夏天十分炎熱，我有時候會拿爸爸的錢去買雪糕吃，心裏覺得十分開心，這為夏天帶來了幾分清爽。吃完飯後，我就睡覺了。

早上起來，我收拾書包後，便上學了。午飯後，我的肚子突然感到一點痛。放學後，我立刻告訴媽媽，她一聽到我不舒服就馬上帶我去診所，我心裏想：如果我沒有吃那麼多雪糕就好了。過了三天，我終於康復了。

我感謝媽媽一向的照顧，日後我一定會用行動來報答她的恩情。





## 《我最欣賞的成功人士》

### 4C 梁洛賢

張家朗——香港男子花劍運動員、兩屆奧運金牌得主，有「少年劍神」、「香港劍神」之稱。是一個非常成功的人士。

我非常欣賞他，他是一個十分勤力和謙虛的運動員。每當我在電視上看到他永不放棄的精神和態度，即使比賽時，他的分數是落後的，仍不放棄，努力追上，最後能夠反敗為勝，這是「獅子山」的精神，堅毅不屈，真是每一個香港人的驕傲。

做運動雖然辛苦，但我們必須經過不斷努力練習，才能成功。正因為張家朗的成功，令很多人開始對花劍這項運動產生興趣。今年暑假我也要報名參加呢！



## The Successful Person I Admire Most

### 4C Ng Kin Ho

The successful person I admire most is Einstein. He was born in 1879 in Germany and is renowned as a famous physicist. He is best known for his discoveries related to the principles of light and electricity.

I admire his insatiable curiosity and creative thinking. I aim to follow his example by studying hard and continuously exploring new ideas. I want to be someone who contributes to society like he did.

Einstein was not exceptionally gifted as a child, but he never gave up and ultimately achieved greatness. This shows that nothing is impossible in this world as long as you have perseverance.



## 《記一件值得感恩的事》

### 5A 江梓欣

每當我經過「開心麵館」，我都不禁想起一年前的事……

記得那天下午，我回家的時候發現忘帶鑰匙而回不了家，媽媽當晚也要加班，很晚才回來，我頓時感到慌張不已。

我在街上走着，突然，我的肚子發出「咕嚕咕嚕」的聲音，我覺得有點餓了，我摸了一下口袋，找了一下書包，全身上下只找到幾塊錢。我現在，腿又累，肚子又餓，我不得不去討點吃的回來，雖然我知道可能會失望而回，但真的沒辦法。正當我感到無助之際，一個麵館的阿姨拉着我：「我觀察你好久了，餓了吧！走！我帶你去吃麵。」她面帶微笑地說。「可……可是我……」「我知道你沒錢，沒事，孩子，走吧！」我聽她的話，感動的淚水快流出來了，我吃着麵，面上帶着難以言語的表情，十分複雜。吃完麵，我跟她說聲謝謝就走了。

回家路上，碰到了媽媽，我們一起回家。

那天的經過真令我難忘，希望以後我有能力幫助別人。俗語說得好：「助人為快樂之本」。



## 《記一件值得感恩的事》

### 5A 黃浩庭

每當我想起二零二五年的新年，就會想起媽媽在我不舒服時無微不至地照顧我。

那天，我喝「旺仔」牛奶時，想起一段影片說「旺仔」牛奶加水會變成其他不同味道，我是一個有好奇心的人，所以我把「旺仔」牛奶加水喝了。

第二天，我沒有胃口吃午餐，還有嘔吐的感覺。我坐在餐椅上吃了一點點食物，結果我嘔吐了，嘔吐物弄髒了餐桌，我媽媽立刻把食物拿走，把嘔吐物清理乾淨。我媽媽餵我吃一些讓人容易嘔吐的藥，想要把肚子裏不乾淨的東西吐出來。

我睡覺前，媽媽為我準備了垃圾桶來盛接嘔吐物，過了一會兒，我終於嘔吐了，而我整個腸胃舒服多了。

我非常感謝媽媽，如果沒有她在，我的腸胃炎也不會好得這麼快。媽媽，謝謝您。



# The Successful Person I Admire Most

## 5A Rangzaib Aizah

The name Neymar not only entertains football fans but also stands as a beacon of hope for helpless teens around the world who dream of becoming the person they aspire to be. Nobody supported this poor little kid from the streets, but he defied all expectations. He pursued his dreams and dedicated himself to football, ultimately becoming one of the most famous athletes of all time. From battling extreme poverty while growing up to inspiring people with his charismatic personality and drawing the attention of world-famous brands, he has succeeded in life.



Neymar da Silva Santos Júnior was born on the outskirts of São Paulo, Brazil, to a poor family facing financial crises. He often had to change homes and received limited education due to poverty. Many children in his situation would have fallen apart, but not him. He continued to face obstacles, no matter how great they were, and succeeded by becoming a professional at the one thing he was passionate about: football. Currently, he plays for the French champions, Paris Saint-Germain, and also captains his national team. Despite coming from a rural area, he has made it to the top.

His charismatic and down-to-earth personality, combined with his strong physical appearance, reveals a lot about him. He has a remarkably lean body, standing at five feet and nine inches, which complements his agile playing style. He never fails to entertain with his hilarious jokes on TV shows, making viewers laugh out loud. His charismatic flair is exactly what people look for in their role models.

Neymar also models for world-famous brands such as Nike, Giorgio Armani, Beats by Dre, and many more. His massive following makes these global brands pursue him vigorously. He even has his own brand of perfume, which he wears all the time. People can easily recognize the sweet vanilla scent he gives off whenever he is nearby. His handling of the limelight has been spectacular; he has not let anything diminish his performance on the football pitch.

In addition to modeling, he serves as a brand ambassador for UNICEF. Neymar has made a name for himself through his unbeatable determination and strong beliefs. He is an idol for millions of aspiring young footballers who dream of making a mark in the sport. His willingness to help those in need shows how humble he remains, even after achieving great fame. He exemplifies that no matter how tough things may get, you can always achieve your goals with hard work and passion.

## 《我最欣賞的成功人士》

### 5B 羅嘉寶

我最欣賞的成功人士——周深。究竟周深經歷了什麼呢？現在就讓我們一起看看吧！



一九九二年的秋天，周深出生在一個小山村里，他的家裏條件不太好，父母每天出外打工，只留下他的姐姐和他在家里。

周深慢慢長大，到了中學時期，周深竟然離奇地錯過了變聲期，令同學由不解到嘲笑，小周深慢慢地變得沉默，也沒有在公開場合唱歌。

直到高中，學校舉辦了歌唱大賽，喜愛音樂的周深終於鼓起勇氣參加了比賽，也可能是這次的勇氣，讓他更了解自己，踏出了改變他人生的第一步。從此以後，他成為了校園裏的「明星」，以前嘲笑他的同學現在也接受了周深的聲音。

當我看完周深的經歷，我覺得他有永不放棄的精神。雖然他知道自己家裏的條件不好，但沒有完全放棄自己，而是更努力去學習，我非常敬佩他。

## 《我最欣賞的成功人士》

### 5B 毛伊澄

我最欣賞的成功人士是誰呢？她就是全紅嬋了。

全紅嬋是一位中國女子跳水運動員，是廣東湛江人，在二零二四年，她分別獲得女子雙人十米台金牌、女子十米跳台金牌，成為了中國奧運歷史上最年輕的三金得主呢！



為什麼我這麼欣賞這位跳水運動員呢？雖然她家境清貧，一家在家鄉湛江務農，但是她也在小時候決心練跳水，希望日後能改善家人生活，賺錢為爸媽治病。她這麼孝順，真讓人佩服！

我欣賞她的原因可不只一個啊！她七歲便加入了跳水隊，每天刻苦訓練七、八小時，長期的練習甚至令她髮質受損，但她仍然堅持，這麼苦也努力堅持，這種決心也非常值得欣賞。

我認為她有很多值得欣賞的地方，我會向這位運動員多多學習！



## 《我最欣賞的成功人士》

### 5C 陳偉彬

尼古拉·哥白尼是波蘭數學家、天文學家，他提倡「地動說模型」，提到太陽為宇宙的中心。

一四七三年二月十九日哥白尼出生於皇家普魯士，當時這裏屬於波蘭王國。父親是從克拉科夫來的商人，母親是托倫當地商人的女兒，家境寬裕，哥白尼是家中四個孩子裏最小的。哥白尼十歲到十二歲間父親去世。一四九一年進入克拉夫市雅蓋隆大學學習。



我欣賞他的原因，是因為他指出地球不是宇宙的中心，而是跟五大行星都一樣，圍繞太陽這個不變的中心運行的普通行星，它是以地軸為中心自轉。

他臨終前發表了《天體運行論》，它開啟了哥白尼革命，並對推動科學革命有相當大的貢獻。

我認為我們應該學習他的求學精神和堅毅意志，所以他值得讓我們多多學習。



## 《我最欣賞的成功人士》

### 5C 林偉樂

我最欣賞的成功人士是張家朗。他出生於一九九七年六月十日，高一百九十三厘米，重七十五公斤，中國香港人，是一個左撇子，是香港男子花劍運動員，有「少年劍神」、「香港劍神」的稱號。



他在二零一六年四月首奪「亞洲劍擊錦標賽」冠軍，成為香港歷來首位個人亞洲賽王者。他分別在二零二一年東京奧運及二零二四年巴黎奧運取得金牌。

我欣賞他的原因是他由十歲到現在二十七歲，這十七年中所付出的努力，無論遇到任何挫折都不放棄、堅持下去精神。其次，我欣賞他願意加入香港隊，為香港隊付出和爭光，從而放棄日常的時間。

看了這麼多關於他的生平事蹟，相信大家已更深入地了解他，當中有一些我們值得學習的地方；例如他的努力、堅持、不放棄的精神等，希望他能成為大家學習的目標。

## 《圖書分享》

### 6A 余章榮

我閱讀了一本與成功人士有關的書籍，書名是《校長畢業了，亦師亦友心底話》。這本書是由香港中文大學出版，沈祖堯著。沈祖堯在二零一零年至二零一七年出任香港中文大學校長，現為中大醫學院莫慶堯醫學講座教授。沈教授是著名腸胃及肝科學家，在醫學治療服務及醫學研究領域成就卓越，獲多項本港及國際獎項。



沈祖堯在二零零三年「沙士」時，他與大量醫護人員一同支援在「沙士」病房因接觸過病人而被隔離的醫護人員。當時尚未尋到治療「沙士」的方案，但是他發覺病者需要專業的醫療外，更深切期望得到親切的關懷和鼓勵，所以他下定決心走出病房進入教室。他在二零零八年，成為了中大邵逸夫書院院長，二零一零年，他被委任為香港中文大學校長。

我在他身上學到了勇氣和決心，因為他可以冒着生命危險去救人，更放棄醫生工作去做老師培養人才，所以我認為這份無私精神值得所有人學習。

## 《記一件值得感恩的事》

### 6A 林倩殷

每個人都有自己感恩的人，朋友、父母、老師。而我感恩的人卻是一個平平無奇又不熟悉的人——鄰居阿姨。

回想那一次，父母都在外地出差，只剩下我在家裏。晚上睡覺時，我沒留意就把冷氣溫度調到最低，結果第二天發了高燒。我渾身疼痛，連拿起水杯的力氣都沒有了。

我用盡全身力氣打電話給爸爸，可是他手上的工作不可以說走就走，於是委託了鄰居的阿姨照顧我。阿姨二話不說就到我家去，對我噓寒問暖，先給我量體溫，又給我買了退燒藥，接着擔心我餓了，還給我煮了白粥。她不僅細心照顧我，還陪我聊天，令我感受不到任何孤單。這份溫暖讓我深深感激這位不熟悉的鄰居。

在阿姨的照顧下，我的燒漸漸退了。看着阿姨疲憊的身影，我充滿了感恩。阿姨就像一盞溫暖的燈，照亮了在黑暗中的我。

這次發燒令我體會到「遠親不如近鄰」的道理。我永遠都不會忘記在我無助的時候救我的那一雙手，令我十分感恩。



## The Successful Person I Admire Most

### 6A Kwan Sum Yu

One of the most successful people I admire is Soyeon. She is an idol in Korea, and I am drawn to her because of her talent in creating songs and writing lyrics. Soyeon is the leader of (G)I-DLE, and she has written all of their famous songs, including "Queencard," "Latata," "Tomboy," "Fate," "Super Lady," "Lion," and many others.

I appreciate her dedication because she never gives up when faced with difficulties. Additionally, I believe Soyeon is an excellent leader for (G)I-DLE. She not only builds the concepts for their albums but also designs them, which has contributed to her success and the respect she receives from the public.



## A Worthy Moment of Gratitude

6B Lam Wing Hei

I am thankful for a moment from fifth grade when I was nervous about my exams. My parents were incredibly supportive and made me feel loved.

My mom cooked healthy meals and reassured me not to worry. Her comforting words helped me feel better.

On exam day, my dad prepared a big breakfast and encouraged me to stay calm and do my best. His support made me feel ready.

In the end, I did well on my tests and realized how important my parents are in my life. I am grateful for their love.



## A Worthy Moment of Gratitude

6B Wong Yik Sum

My six years of school life have left me feeling very grateful and nostalgic. During this time, I have received invaluable guidance and support from the principal and teachers, and I am also thankful for the friends who learned and grew alongside me with joy.

I remember feeling nervous when I first entered school, as I had to meet new classmates and teachers. Fortunately, many teachers helped me adapt to this new environment. I am also grateful to have met wonderful friends who supported me in adjusting to school life. Furthermore, I am thankful for my mentors who taught me valuable lessons, allowing me to enjoy my school experience confidently.

Now that I am a senior student, I want to help the juniors. I wish to express my sincere gratitude for the continuous guidance and support from my teachers. I am also happy to have formed great friendships that have accompanied me through studying and playing throughout these six years of school life.





## 《我最欣賞的成功人士》

### 6B 陳婉瑜

在體育的浩瀚星空中，孫穎莎是極為耀眼的存在。她從默默無名的小將，一路奮進成為舉世矚目的體壇巨星，其經歷堪稱熱血勵志的傳奇。

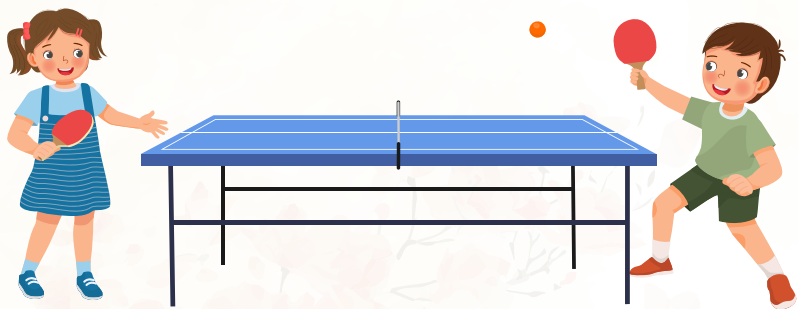


起初，在強手如林的乒乓球界，孫穎莎並不起眼。但她小小的身軀，蘊藏着無盡能量。無數的清晨，第一縷陽光尚未完全照亮訓練館，孫穎莎已開始揮拍練習。每一次擊球，都包含着她對勝利的熱切渴望；每一滴揮灑的汗水，都見證着她的不懈努力與堅守。

孫穎莎曾說：「今天的太陽比昨天的大。」初聞此話，我滿是疑惑。隨着對她的了解深入。我才明白，這是她在激勵自己，每一天都要比過去更出色、更強大。在她眼中，昨天的自己就是超越的目標。為提升球技，她不斷鑽研戰術，細緻剖析對手弱點，對每個細節都精益求精，哪怕是發球角度、接球力度，都反覆琢磨。

賽場上的孫穎莎，冷靜與堅韌超越常人。面對實力強勁的對手，她毫無懼色，眼神中滿是堅定的信念。在一場關鍵比賽中，對手開局便佔盡上風。但孫穎莎沒有絲毫退縮，她穩扎穩打，僅僅咬住比分。每一球都全力以赴，奮力救起那些看似無法救回的球。關鍵時刻，她憑着高超球技與頑強毅力實現逆轉，贏得比賽。那一刻全場觀眾都為之歡呼，我也被她的拼搏精神深深震撼。

孫穎莎的世界，每天都在孕育新希望，每天都在迎接更熾熱的太陽。這份對自我成長的執著追求，是她成功的祕訣。孫穎莎的成功，不單單是獎杯與榮譽的堆砌，更是逐夢途中不懈努力的成果。她用行動啟示我，只要信念堅定、肯付出，一步一個堅實腳印，就能不斷靠近目標。我要以她為榜樣，在學習與生活中勇敢面對困難，持續挑戰自我，努力讓自己愈來愈優秀。未來，孫穎莎一定會在賽場上繼續閃耀，而她的精神也將永遠激勵我奮勇前行。





## 《圖書分享》

### 6B 楊日昇

讀完《史蒂夫·喬布斯傳》，喬布斯的一生令我感觸頗深。他的人生像過山車一樣，有時候上，有時候落。他創建「蘋果」後被人驅逐，之後又回歸將公司從快破產的情況中拯救出來。

他對產品完美的執著，在設計手機時對細節的極致要求，將科技與人民融合，創造出初代便攜式數字多媒體播放器，改變人們生活方式的產品，其創新精神更是行業標桿。

喬布斯的經歷讓我懂得成功並非靠運氣，它需要堅定的信念，即使受到挫折也不放棄，也需要對事業那全心投入的熱愛之情才能成功。



## 《記一件值得感恩的事》

### 6C 莊可欣

晚上入睡時，回想起今天媽媽忙碌的身影，令我不禁掉下眼淚。

今天早上，我的額頭有點高溫，媽媽買完菜回到家，看到我紅通通的臉蛋，立刻把手放在我的額頭上，再幫我量了體溫，我發燒了！我的頭又暈又痛，手腳冰涼地躺在被窩裏休息。而媽媽就手忙腳亂地做午飯、給我掛號、餵我吃藥……看着媽媽辛勤的樣子，我的心裏酸酸的。過了一會兒，媽媽溫柔地牽起我的手，帶我去看醫生。我看着她的側臉，心想：等我病好後，一定要幫媽媽分擔家務。

經過這件事，我體會到媽媽的辛苦，感恩媽媽無微不至的照顧！



# The Successful Person I Admire Most

6C Lan Ho Yin

Today, I want to introduce someone I greatly admire: Jack Ma. Born in 1964, he lives in Hangzhou, Zhejiang, and is a member of the Communist Party of China. He serves as the Chairman of the Alibaba Group.

After graduating from high school in 1982, Jack Ma took the college entrance examination for the first time. Unfortunately, he only scored 9 points in mathematics and failed. He tried again a second time but still did not succeed, scoring only 19 points in mathematics. Finally, on his third attempt, he was admitted to Hangzhou Normal University.

Jack Ma's journey has taught me the importance of perseverance. Despite his unsatisfactory exam results, he never gave up and continued to strive for success.



# The Successful Person I Admire Most

6C Deng Chun Nok

The successful person I admire most is Luka Modric.

Luka Modric is 39 years old and stands 1.72 meters tall. He was born in Croatia and is a professional football player. Luka previously played for Tottenham Hotspur and is currently a central attacking midfielder for Real Madrid. He has made significant contributions to both Real Madrid and the Croatian national team.

Luka grew up in a humble family. Tragically, when he was a child, his grandfather was killed by a soldier during the civil war while caught in crossfire. Although this was a difficult time for him, he remained resilient despite the upheaval caused by the wars. Luka did not receive any formal training, and being shorter than many of his peers discouraged him at times. However, with tremendous passion, love, and persistence, he became one of the most decorated football players of all time.

Over the years, Luka has received many prestigious awards, including The Best FIFA Men's Player, the Adidas Golden Ball, and the UEFA Champions League trophy. In addition to his professional achievements, he has also contributed significantly to charity work. For example, he and his teammates on the Croatian National Football Team donated five million Hong Kong dollars to aid in the fight against COVID-19 and to support individuals affected by earthquakes.

In summary, I have learned that we should never give up and always strive to do our best.



# The Successful Person I Admire Most

6C Tsui Yuen Ching

The successful person I admire most is Kim Jennie. She is a member of BLACKPINK, a famous K-pop group known worldwide. In 2024, she won several awards at the MAMA Awards, including Best Collaboration, Best Dance Performance (Female Solo), and Best Rap & Hip Hop Performance. This indicates that she is successful in her career.



The reason I admire her is not only because she is accomplished, but also because she has a kind heart. For example, she donated 100 million won to the international non-profit organization Habitat for Humanity, which works to improve the living conditions of children. Additionally, she donated 10 million won to the Disaster Relief Association following wildfires in Uljin Province.

These acts of generosity demonstrate that she is compassionate and willing to help those in need. Therefore, I believe she is the successful person I admire most, not only for her achievements but also for her kindness.

## 《我最欣賞的成功人士》

6C 謝焯嵐

我最欣賞的成功人士是愛迪生，他是一名很偉大的科學家，並受到萬人的敬佩。儘管他的出身背景很貧困，但是他十分努力地研究科學，並且他為了研究科學而廢寢忘食。他的研究一開始並不順利，經歷過很多次失敗，但他並沒有因為這樣而失去信心，他仍然鍥而不捨地研究電燈泡。他身邊的人都嘲笑他一直研究是在白費時間，並且說他太天真了；但他仍然繼續努力地研究，且不在乎身邊人的冷嘲熱諷。經過無數次失敗，愛迪生終於發明出電燈泡，令這個世界更便利地得到光明。



在愛迪生身上，我學會了鍥而不捨的精神，我們在追隨夢想時不必在乎別人的目光，只需跟隨自己原有的想法，並保持恆心，便能通往成功。

## 《記一件值得感恩的事》

6C 曾晟睿

生活中，有太多值得我們感恩的事，而媽媽對我無微不至的照顧，是我最難以忘懷的。

我是父母的掌上明珠，媽媽對我的照顧無微不至。記得有一次我半夜突然發起了高燒，整個人迷迷糊糊的。媽媽發現後，立即慌了神，但又迅速冷靜了下來。媽媽迅速穿好衣服，抱起我趕往醫院。夜晚的風很冷，媽媽的懷裏卻是那麼的溫暖。一路上，媽媽不停地呼喚着我的名字，眼睛裏滿是焦急與擔憂。



到了醫院，媽媽又忙前忙後地掛號、找醫生、繳費、取藥。看着媽媽疲憊的身影，我的心裏既心疼又感動。醫生說沒什麼大礙，吃點藥觀察一下就行，這時媽媽才鬆了一口氣。媽媽守在我的身邊，一夜未眠，時不時摸摸我的額頭，看看我有沒有退燒。

隨着我慢慢長大，學業上的壓力也越來越大。每次我考試失利時，媽媽總是耐心地安慰我，鼓勵我不要氣餒，幫我分析錯題，陪我一起學習。媽媽從不責備我，而是用最溫暖的話語給予我力量。

在媽媽的呵護下，我健健康康快樂地成長。媽媽的愛，就像一盞明燈，照亮我前行的道路；又像溫暖的港灣，讓我在疲憊時能安心依靠。我感恩媽媽的照顧，這份恩情我會永遠銘記於心，努力讓媽媽為我驕傲，用行動回報媽媽深深的愛。



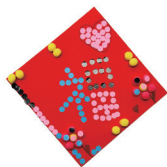


## 視藝作品

### 1A



1A 吳熙鈞《獨特的我》



1A 林思學《積木揮春》



1A 施景豪《獨特的我》



1A 陳司濤《積木揮春》



1A 陸嘉朗《我的怪獸朋友》



1A 蔡子瑜《獨特的我》

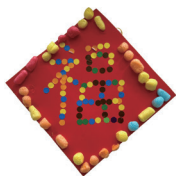


1A 譚沛芸《獨特的我》



1A 陳婉晴《我的怪獸朋友》

### 1B



1B 林然澤《積木揮春》



1B 陳祉圖《水中生物掛飾》



1B 歐陽弼雯  
《我的怪獸朋友》



1B 方千穎《水中生物掛飾》



1B 石柏賢《獨特的我》



1B 吳優《積木揮春》



1B 李瀛沂《我的怪獸朋友》



1B 張華容《獨特的我》



1C



1C 王爾靖  
《我的怪獸朋友》



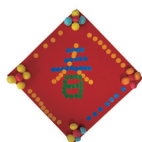
1C 何孝軒《積木揮春》



1C 沙學文  
《我的怪獸朋友》



1C 梁梓謙《小魚兒的故事》



1C 陳奕銘《積木揮春》



1C 彭夢琪《獨特的我》



1C 葉佳熙《小魚兒的故事》



1C 黎梓琪《獨特的我》

1D



1D 黃旨淳  
《我的怪獸朋友》



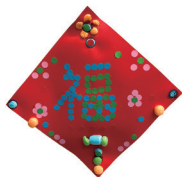
1D 林尊閏《積木揮春》



1D 蔡家樺  
《我的怪獸朋友》



1D 譚雁遙《小魚兒的故事》



1D 楊梓桐《積木揮春》



1D 曾依潼《獨特的我》



1D 陳浚希《小魚兒的故事》



1D 楊梓瑩《獨特的我》

## 視藝作品

### 2A



2A Mahira Bibi 《四季》



2A 施南圖 《奇雨》



2A 余善柔 《動物彩燈》



2A 莊梓鴻  
《盧梭的森林世界》



2A 陳佳麗 《動物彩燈》



2A 林潤晴 《雲的聯想》



2A 林潤朗  
《盧梭的森林世界》



2A 何彥樂 《奇雨》

### 2B



2B 林妙馨 《雲的聯想》



2B 郭依晴 《四季》



2B 楊慧欣 《雲的聯想》



2B 彭思淇 《四季》



2B 楊紫珊  
《盧梭的森林世界》



2B 張卓嵐 《奇雨》



2B 鍾世傑 《動物彩燈》



2B 李永恩 《動物彩燈》

## 2C

## 視藝作品



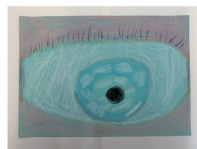
2C 陳琦殷《四季》



2C 葉國燦《動物彩燈》



2C 歐梓鈞《動物彩燈》



2C 林嘉欣《雲的聯想》



2C 陳靖恩《奇雨》



2C 朱金怡  
《盧梭的森林世界》



2C 張曉悅  
《盧梭的森林世界》



2C 郭鎧迎《奇雨》

## 3A



3A 池鏘鴻  
《賀年利是封》



3A 何子軒《花瓶》



3A 陳梓筠《掛畫》



3A 曾湛祺  
《賀年利是封》



3A 黃逸雅  
《設計獨特的椅子》



3A 葉沁淇《花瓶》



3A 譚可嵐《派對服飾》



3A 譚可臻《掛畫》

## 視藝作品

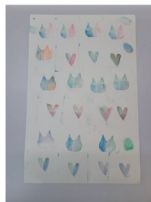
### 3B



3B 丘嘉濠《花瓶》



3B 胡祖豪《掛畫》



3B 莎瑪娜《掛畫》



3B 陳予婧《花瓶》



3B 陳浩楓  
《設計獨特的椅子》



3B 喻梓恩  
《派對服飾》



3B 鄧慧桐  
《派對服飾》



3B 戴鋆澄  
《設計獨特的椅子》

### 3C



3C 何芊玥  
《設計獨特的椅子》



3C 林敬汝  
《賀年利是封》



3C 張以樂《派對服飾》



3C 游榮朗《花瓶》



3C 黃凱情  
《賀年利是封》



3C 黃詠雯  
《派對服飾》



3C 蔡靜文《花瓶》



3C 黎卓藩  
《設計獨特的椅子》



# 4A

## 視藝作品



4A 羅新蕊 《幻彩星空》



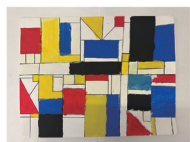
4A 周梓茵 《前後空間》



4A 方澄 《前後空間》



4A 葉希臨 《幻彩星空》



4A 林芷盈  
《蒙德里安眼中的香港》



4A 吳逸萱 《前後空間》



4A 林詩雅 《前後空間》



4A 張芷瑩  
《蒙德里安眼中的香港》

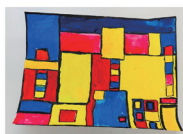
# 4B



4B 尹浩文 《幻彩星空》



4B 王浩文 《前後空間》



4B 周芯蕊  
《蒙德里安眼中的香港》



4B 張詩繡  
《蒙德里安眼中的香港》



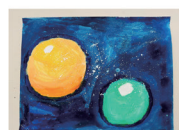
4B 莊芷晞  
《蒙德里安眼中的香港》



4B 曾晞嵐 《幻彩星空》



4B 李曉榮 《前後空間》



4B 潘梓諾 《幻彩星空》



## 視藝作品

4C



4C Qasim  
《蒙德里安眼中的香港》



4C 余卓琳《幻彩星空》



4C 吳健豪《前後空間》



4C 陳芷綺《前後空間》



4C 陳俊城《前後空間》



4C 陳德銘  
《蒙德里安眼中的香港》



4C 麥梓揚《前後空間》



4C 蔡雅如《幻彩星空》

5A



5A 王禹鋒  
《水墨畫——梅花》



5A 江梓欣  
《水墨畫——梅花》



5A 何翰霖《揮春》



5A 李家穎《揮春》



5A 張梓賢《揮春》



5A 馮錫凱《揮春》



5A 羅紫嫣《中國圖案》



5A 譚力恒  
《水墨畫——梅花》

## 5B

## 視藝作品



5B 毛伊澄《揮春》



5B 伍家加《揮春》



5B 江欣靜《象徵物》



5B 李日靜《中國圖案》



5B 施北辰《中國圖案》



5B 翁蓉熙  
《水墨畫——梅花》



5B 高梓峻  
《水墨畫——梅花》



5B 盧紫晴《象徵物》

## 5C



5C 丘嘉儀《中國圖案》



5C 余逸朗《揮春》



5C 林偉樂《中國圖案》



5C 張苡楠《揮春》



5C 馮詩淇《揮春》



5C 劉雅琳  
《水墨畫——梅花》



5C 謝嘉兒《中國圖案》



5C 關希兒  
《水墨畫——梅花》

## 視藝作品

### 6A



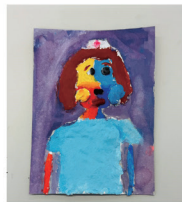
6A 林延舫《室內設計圖》



6A 張以琛  
《畢加索的多面人》



6A 張伊琳《室內設計圖》



6A 莊芷芊《立體派浮雕》



6A 陳流妃《室內設計圖》



6A 陳漪桐  
《畢加索的多面人》

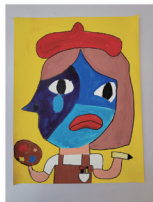


6A 黃梓盈  
《畢加索的多面人》



6A 韓牧宸《立體派浮雕》

### 6B



6B 王芊妤  
《畢卡索的多面人》



6B 王奕森《元宵花燈》



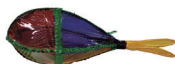
6B 吳芷希  
《畢卡索的多面人》



6B 林泳熙  
《畢卡索的多面人》



6B 胡筱筠  
《畢卡索的多面人》



6B 陳彥霖《元宵花燈》



6B 陳婉瑜  
《立體派浮雕》



6B 楊日昇  
《立體派浮雕》

6C



6C 吳彤桐《立體派浮雕》



6C 范詠心《立體派浮雕》



6C 徐琬晴《室內設計圖》



6C 張政鎬《元宵花燈》



6C 曾晟睿《畢卡索的多面人》



6C 黃菽翹《元宵花燈》



6C 劉芷妍《室內設計圖》



6C 鄧雋諾《畢卡索的多面人》



# Learning by Doing

1A



1A 蔡子瑜《愛家小法寶》



1A 陳諾臻《愛家小法寶》



1A 陸家朗《愛家小法寶》

1B



1B 吳優《愛家小法寶》



1B 鄭珈然《愛家小法寶》



1B 關靖霖《愛家小法寶》

1C



1C 梁梓謙《愛家小法寶》



1C 彭夢琪《愛家小法寶》



1C 簡楊《愛家小法寶》

1D



1D 蔡家樺《愛家小法寶》

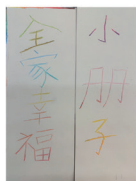


1D Asim《愛家小法寶》



1D 林尊聞《愛家小法寶》

2A



2A 施南圖  
《全家幸福小冊子》



2A 莊梓鴻  
《全家幸福小冊子》



2A 陳敬天  
《全家幸福小冊子》

## Learning by Doing

2B



2B 林妙馨  
《全家幸福小冊子》



2B 郭依晴  
《全家幸福小冊子》



2B 彭思淇  
《全家幸福小冊子》

2C



2C 戴錦詠  
《全家幸福小冊子》



2C 陳琦殷  
《全家幸福小冊子》



2C 陳靖恩  
《全家幸福小冊子》

3A



3A 王奕霖  
《Fusion面具》



3A 池鏘鴻  
《Fusion面具》



3A 郭玥森  
《Fusion面具》

3B



3B 陳浩楓 《Fusion面具》



3B 喻梓恩 《Fusion 面具》



3B 曾淳鏢 《Fusion面具》

3C



3C 何芊玥 《Fusion面具》



3C 湯雅量 《Fusion面具》



3C 蔡靜文 《Fusion面具》

## 數學作品

### 1A



1A 譚沛芸《數字蟲蟲畫》



1A 邱政越《數字蟲蟲畫》



1A 鄭智誠《數字蟲蟲畫》

### 1B



1B 何焯鋌《數字蟲蟲畫》



1B 張華容《數字蟲蟲畫》



1B 歐陽弼雯《數字蟲蟲畫》

### 1C



1C 何孝軒《數字蟲蟲畫》



1C 梁梓謙《數字蟲蟲畫》



1C 陳奕銘《數字蟲蟲畫》

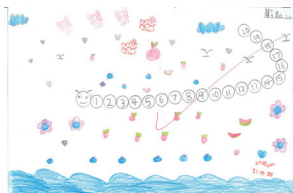
### 1D



1D 楊梓桐《數字蟲蟲畫》

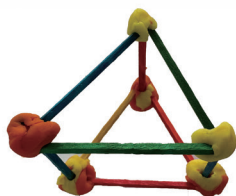


1D 陳俊鍵《數字蟲蟲畫》

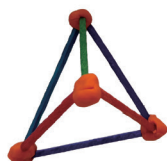


1D 黃旨淳《數字蟲蟲畫》

2A



2A 劉嘉熙《製作立體圖形》

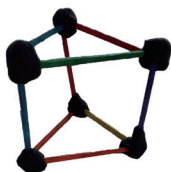


2A 吳天惠《製作立體圖形》

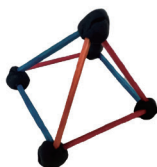


2A 陳佳麗《製作立體圖形》

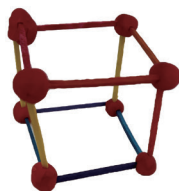
2B



2B 林妙馨《製作立體圖形》

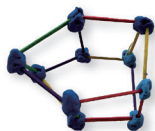


2B 謝梓揚《製作立體圖形》

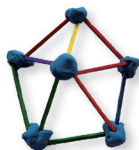


2B 鍾世傑《製作立體圖形》

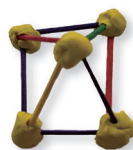
2C



2C 張梓峰《製作立體圖形》

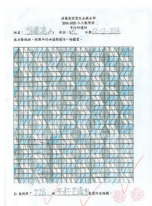


2C 陳琦殷《製作立體圖形》

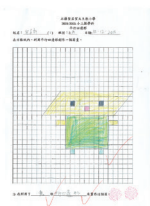


2C 彭宗晟《製作立體圖形》

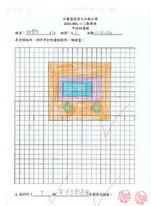
3A



3A 池鏘鴻《四邊形畫》



3A 何子軒《四邊形畫》

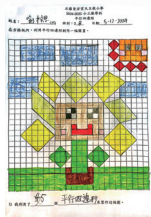


3A 許樂希《四邊形畫》

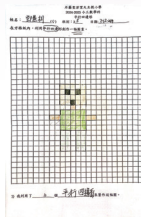


# 數學作品

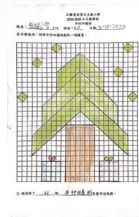
## 3B



3B 喻梓恩《四邊形畫》

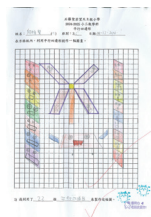


3B 鄧慧桐《四邊形畫》



3B 戴鋈澄《四邊形畫》

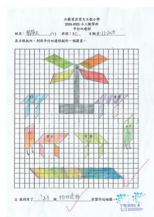
## 3C



3C 何梓賢《四邊形畫》



3C 黃海嵐《四邊形畫》



3C 蔡靜文《四邊形畫》

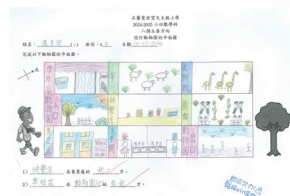
## 4A



4A 周梓茵《動物園平面圖》



4A 林芷盈《動物園平面圖》

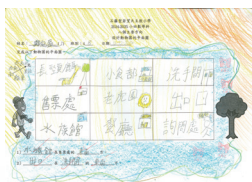


4A 張芷瑩《動物園平面圖》

## 4B



4B 吳樂亭《動物園平面圖》



4B 鄭宛盈《動物園平面圖》

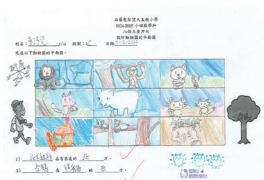


4B Ziyara Fatima《動物園平面圖》

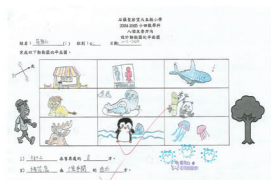
## 4C



4C 張穎桐《動物園平面圖》



4C 黃巧兒《動物園平面圖》

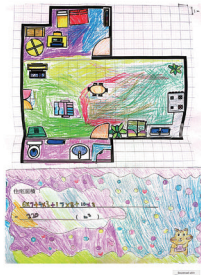


4C 蔡雅如《動物園平面圖》

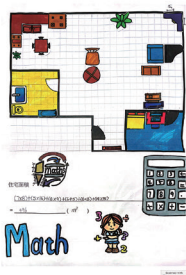
## 5A



5A 江梓欣 馮韶凱  
陳梓晴 張梓賢  
埃撒《理想家》



5A 袁曦儀 陳駿潔  
王禹鋒 簡艾明  
李昊緒《理想家》

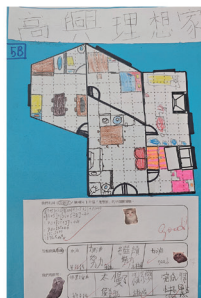


5A 羅紫嫣 鄧俊賢  
黃浩庭 陳煜銘  
李樂瑩《理想家》

## 5B



5B 林欣靜 勞安兒  
李日靜 伍家加《理想家》



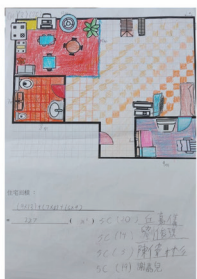
5B 侯善琨 高梓峻  
Saad 葉顯銘《理想家》



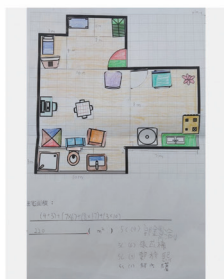
5B 黎芯穎 施北辰  
毛伊澄 翁蓉熙  
黃浣慰《理想家》

## 數學作品

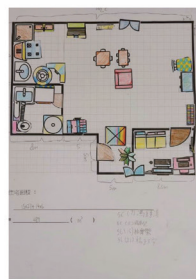
5C



5C 丘嘉儀 劉俊琪  
陳偉彬 謝嘉兒  
《理想家》

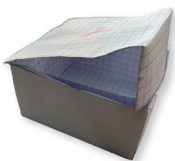


5C 郭鎧渝 張苡楠  
鄭梓熙 Aneesa Shahid  
《理想家》



5C 馮詩淇 關希兒  
林偉樂 楊政宇  
《理想家》

6A



6A 徐子豪  
《尋找寶盒的體積》



6A 張以琛  
《尋找寶盒的體積》



6A 謝鎮丞  
《尋找寶盒的體積》

6B



6B 林泳熙  
《尋找寶盒的體積》



6B 陳芷悠  
《尋找寶盒的體積》



6B 陳彥霖  
《尋找寶盒的體積》

6C



6C 徐琬晴  
《尋找寶盒的體積》



6C 蔡雅衣  
《尋找寶盒的體積》



6C 黎斯朗  
《尋找寶盒的體積》

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