



石籬聖若望天主教小學

提升子女學習動機小錦囊

(Tips for Improving Children's Learning Motivation)





序 (Preview)

親愛的家長：

鑑於新型冠狀病毒疫情愈趨嚴重，令學校農曆年假再度延長。在停課期間，政府鼓勵留在家中減少外出活動。我們在此希望透過簡報與家長們分享提升子女學習動機的技巧和教學資源。家長可以利用網上教學資源教學，與子女建立共同興趣，拉近親子關係。同時了解子女的學習需要，從而提升子女的學習動機，並協助子女愉快地在家完成學習，做到「停課不停學」！

Dear Parents,

In view of the latest development of COVID-19, schools were deferred of class resumption. During the suspension period, the government encouraged staying at home and reduce outdoor activities. We hope to share the skills and teaching resources to parents for improving the children's learning motivation through this booklet. Parents can take advantage of online teaching resources, to establish a common interest with children and the closer parent-child relationship. At the same time, improve their learning motivation, and helping children to complete their studies at home.





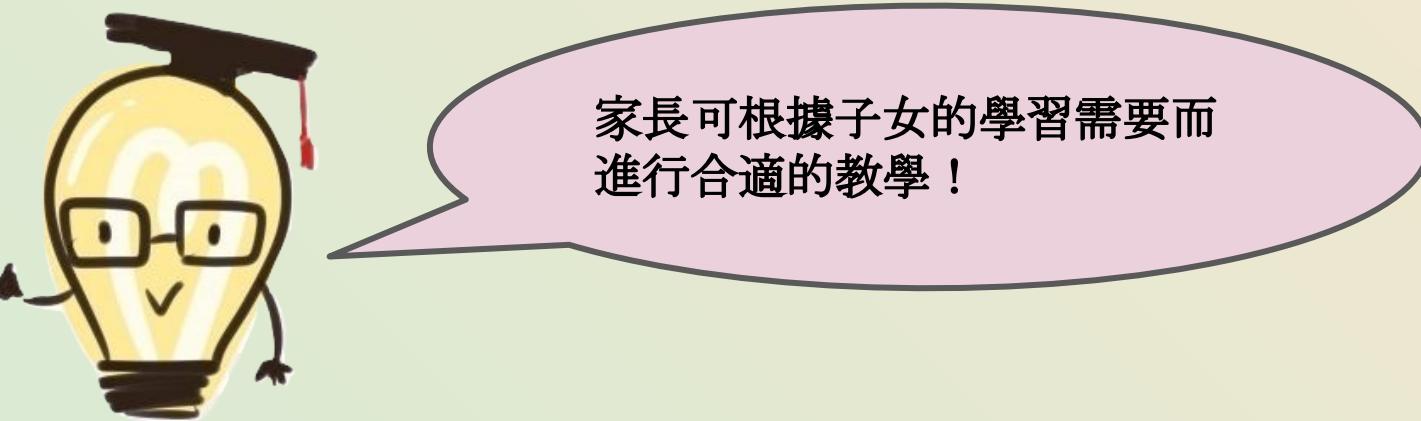
影響學習動機的因素

(Factors of affecting learning motivation)





如何能提升子女學習動機？



家長可根據子女的學習需要而
進行合適的教學！



自制時間表 (Timetable-making)

制定時間表能讓小朋友好好善用時間並令生活變得更有規律

讓子女參與設計及製作時間表，提升其投入感和自主性

制作小貼士:印製每日活動圖卡，再加上時間便可成時間表



Evening Routine

7:00pm



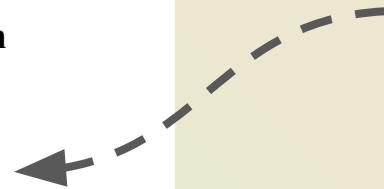
Take a Bath

8:00pm



Read a Book

8:30pm





閱讀電子圖書

(Online Books Reading)

可讓子女閱讀電子圖書，以增加學習的趣味，藉此增強其 閱讀能力

電子圖書更設有不同學習程度和性質可供選擇，有資訊性、故事性等課外書，增強語文能力外亦同時長知識

He called the Seven Dwarf body guards from *Snow White* and asked for help. Underdogs like himself needed protection.

Except, he was an underpig. Anyway, the Seven Dwarfs agreed to join VAC and rid the land of evil villains by banishing them into other books."

"That's why Cindi wanted the Seven Dwarfs to help," Pixie said.

Alice kept on. "And they did just that. Cindi's wicked step-mom and sisters were tossed onboard the *Jolly Roger* pirate ship. And were last seen scrubbing the poop deck. It's believed the captain has an iron hook for a hand and a pet alligator."



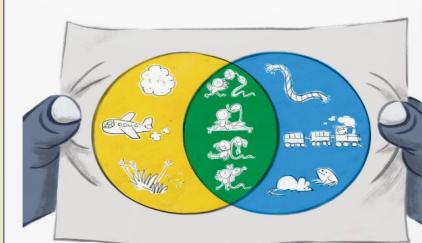
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"That's the *Peter Pan* story!" Pixie interrupted.

Alice stared at her and finished. "Cindi's dream of opening up a clothes shop came true. COOL THREADZ. She still walks around with one shoe, even though the townspeople call it odd. But that doesn't matter to Cindi, it's her way."



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SORT IT OUT!

Sorting and grouping are important skills in mathematics. To sort things, you have to ask yourself 'logic' questions like:

1. What things are same? What things are different?
2. How are the same things same? How are different things different?
3. Can the same things be sorted and grouped in more than one way?



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10/22

"Now," she said. "How do we move?"

"VERY differently," Snake said, looking even sadder. "You fly through the air, flap-flapping; I slither along the ground, zig-zagging."

"In other words," said Sparrow. "I move like a plane, and you move like a train."



Snake sighed.

"Cheer up, Snake," said Sparrow briskly. "Let's see now, what do we eat?"

"VERY different things," Snake's eyes filled with tears. "But I don't eat birds' eggs."

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網上學習遊戲及影片

(Online Learning Game & Video)

網上學習遊戲種類繁多，例如：學習語文拼音和生字、生活常識及數學遊戲等，有助提升小朋對學習的興趣

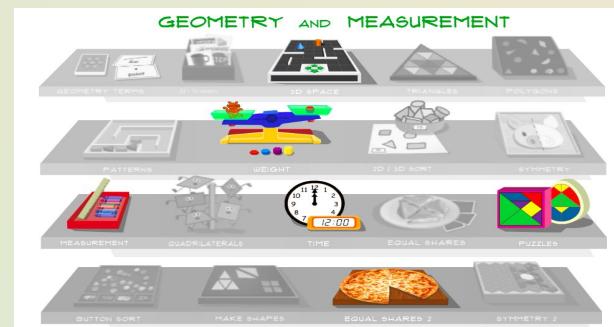
HangMouse List: Grizzly Bears

The word 'abitat' is highlighted in the grid.

place where an animal or plant normally lives

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自制英語桌上遊戲 (Printable English Board game)

英語桌上遊戲，從玩樂中學習英文文法，以提升小孩對學習的興趣，藉此提升其英語能力

制作小貼士：印制多款不同程度及題材的紙牌遊戲，網站亦提供可自由修改的範本以自製更多遊戲。





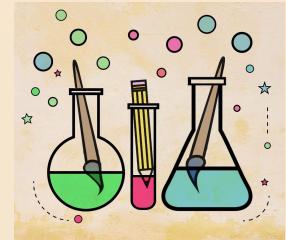
學習圖卡或字卡的玩法 (Learning Cards Game)

家長可利用學習圖卡或字卡再配以不同的玩法，以增加學習的趣味

	玩法
例子1	<p>✓ 哪個不見了 把數張圖咁放在枱上，請小朋友閉上眼睛然後把其中一張收起來，再問小朋友哪張不見了</p>
例子2	<p>✓ 猜東西 請小朋友抽一張咁，家長問小朋友關於該物件的問題如 "那是動物嗎？"、"在哪兒會見到？" 來猜出物件，其後家長可與小朋友對調角色</p>
例子3	<p>✓ 猜猜畫畫 請小朋友抽一張字咁，讓小朋友畫出來，家長可來猜出物件，其後家長可與小朋友對調角色</p>
例子4	<p>✓ 做動作 把數張圖咁分散放在地上，家長請小朋友做出包含圖咁名稱的指令，如 "跑到花上"、"跳到鴨子上" 等</p>



生活常識和科學小實驗 (General Science Experiment)



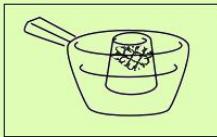
家長可參考網站所提供之實驗做法，與小朋友一起做相關實驗，引發小孩好奇心及提升其對生活常識的探索能力

不怕水的餐巾紙

材料：小玻璃杯、餐巾紙、一鍋水。

步驟：

1. 把餐巾紙捏皺塞到玻璃杯內，要緊到即使倒轉杯子餐巾紙也不會掉下來。
2. 倒轉杯子，將杯子浸入鍋子的水中。
3. 過一會兒再將杯子拿出來，會發現餐巾紙是乾的！



原理：

由於杯子裡有空氣，空氣比較輕，倒轉杯子時，杯子內仍有空氣存在。所以把杯子浸到水裡時，水並不能完全充滿整個杯子，塞在杯子底部的餐巾紙不會碰到水，因此可以保持乾燥。

想想看：

有什麼方法可以使水充滿整個杯子呢？

解答



結果：

在膠樽上有了小孔的情况下，才可把氣球吹起。



原理：

空氣是佔有空間的。在沒有小孔時，因為瓶子已被空氣佔據，所以頂着氣球，氣球便不能脹大。但有了小孔後，瓶中原有的空氣可以經小孔排走，所以氣球便可脹大了。若在吹脹氣球後沒封着小孔，氣球會因其彈性縮回去；但若在吹脹氣球後封着小孔，因為沒有空氣可以進入並填補氣球的空間，所以氣球便不能縮回去了。

步驟	觀察所得
1. 將兩條毛巾放在桌上，毛巾的邊緣互相重疊約2至3厘米；	 毛巾
2. 以重疊的部份為中心，捲疊成手風琴一樣，如右圖；	 毛巾
3. 利用拇指和食指緊握着捲疊的位置；	 毛巾 (容易 / 不容易) 被拉開。
4. 一人繼續握著重疊的地方，另一人則用雙手拉著小毛巾的兩端。	



多鼓勵、讚賞及獎勵 (Encouragement & Rewards)

多鼓勵、讚賞及獎勵，以增加小孩其自我效能感，例如自信心等

家長可多鼓勵和讚賞子女參與學習：例如「你的想法很棒！」、「你可以做到的！」

家長亦可以用小禮物獎勵子女，以鼓勵其繼續維持良好的學習習慣



資源分享 (Resources Sharing)

自制時間表 (Timetable-making)

1. LifeYourWay – <https://lifeyourway.net/free-printables/for-kids/morning-evening-routine-chart/>
2. Listening in the litany – <https://listeninginthelitany.wordpress.com/2014/01/06/diy-daily-routine-chart-for-kids/>
3. LivingLocurto -
<https://web.archive.org/web/20160913093106/http://www.livinglocurto.com/2009/08/school-morning-routine-free-printable-cards/#sthash.rIreFcHP.Vosw1F1B.dpbs>

資源分享 (Resources Sharing)

閱讀電子圖書(Online Book Reading)

1. kidsworldfun – <https://www.kidsworldfun.com/ebooks.php>
過百本適合幼兒至中學程度不同題材的英文故事書，可下載PDF檔或線上閱讀，每本由數十頁至數百頁不等
2. Oxfordowl – <https://www.oxfordowl.co.uk/for-home/find-a-book/library-page/>
須先註冊戶口但費用全免，收錄過百本牛津出版適合幼兒至小學程度的英文故事書
3. Freekidsbooks – <https://freekidsbooks.org/>
收錄數百本適合幼兒至中學程度、不同題材及程度的英文書
4. Storyline online – <http://www.storylineonline.net/library/>
共有42本書，每本書5至12分鐘左右，書本會不定期更新

資源分享 (Resources Sharing)

網上學習遊戲及影片 (Online Learning Game & Video)

1. FunBrain- <https://www.funbrain.com/games>

有多款適合幼兒至小學生的有趣遊戲，也有小學程度的免費電子英文書閱讀及學習不同知識的短片

2. Learnenglishkids – <http://learnenglishkids.britishcouncil.org/>

有多款適合幼稚園至小學生關於英文生字、文法、串字等的歌曲及小故事、影片和遊戲等

3. Learning Games For Kids – <https://www.learninggamesforkids.com/>

不同題材如地理、生活常識、健康、英文、數學等的小遊戲

4. ABC Kids – <https://www.abc.net.au/abckids/>

附有不同卡通人物的手工、填色紙、遊戲、動畫等

5. Starfall – <https://www.starfall.com/h/>

學習拼音、生字、閱讀、聆聽等遊戲

資源分享 (Resources Sharing)

自制英語桌上遊戲(Printable English Board game)

1. Tool For Educators – <https://www.toolsforeducators.com/>
內附自製接龍、蛇仔棋、BINGO等遊戲
2. Isicollective – <https://en.islcollective.com/english-esl-works.../.../board+game>
多款不同程度及題材的蛇仔棋、Guess Who等問答遊戲
3. ESL Games – <http://www.eslgamesworld.com/members/games/printables/index.html>
多種不同程度、玩法及款式的棋盤及紙牌遊戲，提供可自由修改範本遊戲

生活常識和科學小實驗(General Science Experiment)

1. 科學小芽子 – <http://www.bud.org.tw/newgamemain.htm>
內附56個小實驗
2. 2015小科學家計劃 生活科學實驗室 – <https://gs8.hk/scienclab/menu.php>
內附25個有關光、聲音、水、空氣等小實驗

參考資料 (References)

1. 言語治療師媽媽Miss Carley—<https://www.facebook.com/MissCarleyChan/>
2. 2015小科學家計劃 生活科學實驗室—<https://gs8.hk/scienceLab/menu.php>
3. 科學小芽子—<http://www.bud.org.tw/newgamenmain.htm>
4. ESL Games—<http://www.eslGamesWorld.com/members/games/printables/index.html>
5. Isicollective—<https://en.islcollective.com/english-esl-works.../.../board+game>
6. LifeYourWay—<https://lifeyourway.net/free-printables/for-kids/morning-evening-routine-chart/>
7. Freekidsbooks—<https://freekidsbooks.org/>
8. Starfall—<https://www.starfall.com/h/>
9. Learning Games For Kids—<https://www.learninggamesforkids.com/>
10. The Stars up—<https://medium.com/swlh/why-artists-must-experiment-e9107f3abf1e>

參考資料 (References)

11. Flexi.bi—<https://flex.bi/are-we-saying-thank-you-enough/>
12. 親子天下—<https://www.parenting.com.tw/article/5062149-3種獎勵方式:集點、讚美與啟發動機 這樣做更有效！>
13. 17Q 簡筆畫大全—<http://j.17qq.com/article/mqhqkphsy.html>
14. IC千庫網—<https://588ku.com/ycpng/11863381.html>
15. 麥田學校官方網站—<http://www.gdmtjy.com/index.php?m=content&c=index&a=show&catid=93&id=88>
16. 米加老師育兒實驗網站—
<https://omichia.pixnet.net/blog/post/161777282-%E7%BC%BA%E4%B9%8F%E5%AD%B8%E7%BF%92%E5%8B%95%E6%A9%9F%3F%E5%AD%B8%E7%BF%92%E5%9B%B0%E9%9B%A3%3F%E5%82%BB%E5%82%BB%E5%88%86%E4%B8%8D%E6%B8%85>

家長如有任何疑問或需要協助，歡迎電郵至 counsellingtszching@gmail.com聯絡本校實習輔導員－子晴姑娘

家長使用本教育簡報後，歡迎到 <https://forms.gle/Z6Z55u2bYSEt9wHc8>給予評價



A large, elegant, black cursive "thank you" is centered on a white rectangular background. The background is set against a gradient of light green and yellow at the top, transitioning to a solid light beige at the bottom.